

Information sheet

Supporting Invictus Australia

This initiative provides grant funding to Invictus Australia over three years to continue to support wounded, injured or ill veterans on their recovery journey through participation in adaptive sports, including the Invictus Games and the Warrior Games.

7-8 Veteran Engagement Specialists will be engaged across Australia to expand Invictus Australia's partnerships with national and local sporting organisations and encourage veterans' participation in sport, aiding their recovery and rehabilitation, and supporting positive mental health and wellbeing outcomes.

Local organisations will be encouraged and supported to provide inclusive environments for veterans and their families.

The funding will allow Invictus Australia to:

- Support the Australian Invictus teams to participate in the 2023 Invictus Games in Dusseldorf and the Warrior Games in 2022 and 2024.
- Continue the delivery of the supporting Adaptive Sports Program for wounded, injured or ill veterans.
- Engage and encourage veterans' involvement in local sporting and community clubs across all states and territories.

Why is this important?

The benefits of sport for physical and mental health are widely acknowledged, particularly during recovery and rehabilitation. Exercise also supports positive mental health outcomes by bringing people together and providing opportunities for peer support, as well as supporting meaning and purpose in life.

The Invictus and Warrior Games also provide an opportunity for our nation to show respect for the courage and determination of Australia's current and former servicemen and women, with a spotlight on ability and achievements post-injury.

The Adaptive Sports Program provides support to veterans with their transition back into civilian life and recognises their rehabilitation needs, with improved physical and mental wellness increasing the quality of life for veterans and their families.

Invictus Australia's Veteran Engagement Specialists will reach out to 'at-risk' veterans, connect veterans with local sporting clubs, community groups and wellbeing services, and encourage sporting organisations to engage and include veteran participants.

Who will benefit?

Wounded, injured or ill veterans across Australia, and the sporting organisations that support them.

Date of effect?

Funding will be available from 2022-23 to 2024-25.

How much will this cost?

\$9.0 million over three years, inclusive of \$8.1 million in grant funding.