**Cooking for One or Two**

Masterclasses

Appendix


# Appendix A: Masterclass evaluation survey

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| Cooking for One or Two masterclass evaluation survey |

(To be completed at the end of the two week program)

**How to complete this survey**

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| If the facilitator would like to evaluate the program, please use the following survey. The purpose of this survey is to evaluate changes over time. |

*Please answer every question you can. If you are unsure about how to answer a question, please ask the facilitator or assistant.*

1 Since completing the program, describe the ways in which the variety in your diet has increased or decreased?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2 Since completing the program, please describe how your cooking ability has changed:

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3 Since completing the program, please describe any changes in your social interactions:

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**Thank you for taking the time to complete this survey.**