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1. Mailout materials

Dear

I am writing to you to invite and encourage you to participate in the Australian Gulf War Veterans Health Study.

This study will add to our understanding of any health effects which may have arisen from service in the Gulf War, and to our knowledge of the health of members of the Australian Defence Force. This study should also provide useful knowledge to assist with future deployment planning. A successful study will enable us to assess the need for future health support to our Veteran community.

The study has the full support of the ex-service community, and of the Australian Defence Force.

For the study to be successful, it is vital that as many individuals as possible participate. This includes those who feel that they enjoy good health, as well as those who are unwell, those that went to the Gulf as well as those who <u>did not</u>. A high participation rate is required in order to obtain useful results. If you decide to participate in the study, you will be helping all of those who served and you will be provided with an assessment of your current health. All the expense associated with the study will be met by the Department of Veterans' Affairs, including your travel expenses.

The study will be conducted by an independent medical research team headed by Monash University. The records will be subject to the provisions of the *Privacy Act* 1988 which regulate their use, storage and disclosure. Ethics committees have approved this study on the proviso that your results will not be used by the Department of Veterans' Affairs or Defence for any purpose without your written consent. On the other hand, you may use the information concerning yourself any way you see fit.

This study is important for both Gulf War Veterans and other members of the Australian Defence Force and I urge you to participate.

Yours sincerely

Jana Vale

DANNA VALE MP

Dear

The Gulf War Veterans' Health Study Consultative Forum was formed to act as bridge between the team responsible for studying the health of those serving at the time of the Gulf War, and the broader veteran community. The Forum is composed of representatives of many veteran and service organisations. On your behalf, we have been involved in the formulation of this Study. We strongly support this Study.

In designing the Study, great care has been taken to ensure confidentiality for all participants – particularly for those who are still members of the Defence Force. As explained in the material enclosed with this letter, safeguards are built into the Study that will ensure that the data that relates to you as a person will remain private.

The Study is very important, not only to Gulf War veterans, but also to all veterans of overseas deployments – in fact, to all in the Australian Defence Force.

Because the success of this Study depends on the numbers who volunteer to participate, we urge you to be in it.

Yours sincerely,







David Watts Australian Gulf War Veterans Association

David Wilson Warrant Officer Navy Mike Flynn Naval Association of Australia

Organisations represented on the Gulf War Veterans' Health Study Consultative Forum: AVADSC TPI Federation Naval Association of Australia Regular Defence Force Welfare Association Armed Forces Federation of Australia Australian Gulf War Veterans Association National Consultative Group of Service Families RSL Australian Defence Force





Monash University and Health Services Australia invite you to participate in the <u>Gulf War Veterans' Health Study</u>

This Study aims to determine whether the health status of Australia's Gulf War Veterans differs from that of Australian Defence Force personnel who were not deployed to the Gulf, and whether any such differences can be associated with Gulf War-related activities or experiences. The Study is being undertaken by medical researchers at Monash University and Health Services Australia (HSA) who are independent of the ADF and DVA. The study is funded by the Australian Government.

In brief, participation in the Study involves:

• Completing a questionnaire about your Service experiences and your health.

② Attending a Health Services Australia Clinic for a medical examination, mental health assessment and routine tests.

This package should contain most of the information you need in order to make an informed decision about participation in the Study.

Specifically you will find enclosed:

• Letters of support from the Minister for the Department of Veterans' Affairs and Assisting the Minister for Defence and from the Consultative Forum to this study.

• A comprehensive Explanatory Statement (blue) identifying the procedures and requirements related to participation in the Study.

•A copy of the study Consent Form (yellow). This outlines your rights as a Study participant and the obligations of the Study Investigators. You may choose to consent to some or all of the items on the form.

• A phone contact page (green) - outlining how to contact the Study teams to indicate your interest in participating, or to discuss any questions you have about the study.

Other things you should know:

★Participants will receive a copy of their examination results for their personal use.

★There are HSA clinics in each of Australia's capital cities and also in several of the large towns. HSA will endeavour to tailor their appointment times to suit you.

 \star Participants can claim reimbursement for any loss of income, travel or accommodation costs associated with attending the medical examination.

 \star Participation in the Study is entirely voluntary; you are under no obligation to take part. If you do choose to participate you may withdraw at any time.

★Individual assessment results are **entirely confidential**. This very important aspect of the Study is outlined, in more detail, in the blue Explanatory Statement.

What you should do now:

 Please read the enclosed information, particularly the Explanatory statement and Consent form (NB. Donít sign the form now, you can do that at the time of participation)

✓ If you would like to ask any further questions please phone the Study Contact and Recruitment team on 1800 502 302 – they will endeavor to answer your questions or to refer you to the most appropriate alternative source of information.

YOUR DECISION:

♦YES, <u>I'LL PARTICIPATE</u>

Please phone the Study Contact & Recruitment team on **1800 502 302.** All of the necessary arrangements will be made for you. (please see the green contact page for times to call from your State)

STILL NOT SURE

Please think about it, maybe talk to a friend who has participated or has been invited to, perhaps talk to your local Veterans Association, call the Contact and Recruitment team again or call the Study Investigators (see green contact page for their number).

*NO, I would not like to participate

<u>Please</u> phone **1800 502 302** to register your voluntary refusal. This has several purposes: • We will know that you have received the Study information package, and we will flag your record to prevent you receiving reminder notices about participation. This saves you aggravation, and saves us lots of time.

• It is very important to the Study to know a little about those who decline to participate. For example, if you decline participation due to ill-health this information is very important to the overall Study goal of comparing the health of Gulf War Veterans with that of non-Gulf War Service personnel.

By participating in this Study you will be contributing valuable knowledge to both civilian and Defence Force communities about the health impacts of Service related activities & experiences. This knowledge may assist you or other Service personnel (current or former) in gaining recognition for Service-related ill-health. It may also assist the ADF in developing the most appropriate supportive & protective measures against future health threats. Finally, participation offers you the opportunity to take part in a confidential, free and comprehensive medical examination; the results of which you can keep for your own records and use.

Thanks:

Many thanks for your consideration of this invitation. The Study team feel very privileged to be involved in this Study and trust that you will too. We have a rare opportunity to understand more fully the activities, experiences and associated health impacts among our valued veterans and Servicemen & women. We look forward to documenting <u>your</u> experience soon.

Malal A.

Associate Professor Malcolm Sim Monash University

4m Pineus

Dr Michael Pincus Health Services Australia

Explanatory statement: Australian Gulf War Veterans' Health Study

Introduction

Independent medical researchers at Monash University and Health Services Australia are undertaking a health study of military personnel who were in the Australian Defence Forces around the time of the Persian Gulf War with Iraq in late 1990 and early in 1991. This study is funded by the Australian Government.

The study aims to determine whether Defence Force activities at that time, particularly any preparation or experience related to the Gulf War, may have resulted in any adverse health effect on Australian Defence Force personnel. The study includes Defence Force personnel who were not deployed to the Gulf War as a comparison group. The inclusion of veterans who did not go to the Gulf is also important to identify other service related activities which may affect health.

Participation overview

Your active participation in the study will involve two parts. The first part involves the completion of a multi-faceted questionnaire about aspects of your Service experience, other work history, your general health, medical history and life-style. In most instances, the questionnaire may take approximately one and a half hours to complete and this can be done in your own time at home.

The second part of the study consists of a comprehensive medical examination to be conducted at a Health Services Australia (HSA) Clinic. The medical examination will involve several different types of tests. They include an interviewer administered mental health questionnaire, some additional clinician administered health questions, blood and urine tests for infections, routine blood counts and tests of liver and kidney functioning, neurological examination, breathing tests, skin tests for common allergens including house dust mites, cats, grasses and mould, a brief test of your fitness, and measures of height, weight and blood pressure. Internal examinations will NOT be performed. However you will be physically examined by a doctor and will be required to remove some clothing. The complete medical assessment at HSA, including questionnaires, could take up to 5 hours to complete. All assessments will be conducted by trained and qualified medical personnel.

You will be asked about medical conditions which your children may have. We would like to check any reports of childhood cancer or malformations with the records held by the National Cancer Registry and the National Childhood Malformations Registry. We will only check these national records with your signed consent to do so.

Similarly, but in the future, we would like to check the names of all participants in the Study against the records of the National Cancer and National Death Registries. This may help us to determine if there are any long term health differences between the Gulf War Veterans and those Servicemen and women not deployed to the Gulf. We seek your consent to include your name in these checks.

You will be sent a copy of your medical assessment results, within a few weeks of your appointment, and you will be invited to nominate a medical practitioner to also receive a copy. If any medical condition, identified during the conduct of the medical examination, requires more immediate treatment or investigation, a letter will be provided to you to take to your regular medical practitioner for follow-up. Alternatively the HSA clinician may feel it necessary to contact your regular practitioner directly, in which case your consent will be sought for that purpose.

It should be emphasised that participation in all parts of the study is voluntary. There is no obligation to take part in this study. Further you may choose to participate in some but not all components of the Study. If you do initially choose to take part you may withdraw at any time with no detriment to your career or hindrance to access to appropriate medical care. Serving Australian Defence Force personnel who choose not to participate, or choose to withdraw, will not be subject to detriment to their career as a result of that decision.

Risks and inconveniences

Risks and inconveniences involved with participation include time and travel incurred, the possibility of some emotional distress in answering questions about life and Service experiences, and mild discomforts associated with some test procedures. More specifically, actual participation in the study may take more than six hours, including self-administered questionnaire and medical assessment, but not including travel time associated with attendance at an appropriate HSA clinic. Where possible appointments for medical assessments will be made at times and locations convenient to you and, if necessary, travel and accommodation arrangements will be made on your behalf. Travel and accommodation costs will be borne by the DVA. DVA can also reimburse participants for any loss of income incurred as a result of participation in the medical examination. Those participants who are current members of the Defence Forces will be regarded as on duty while travelling and participating in the examination.

The interviewer administered mental health survey may include questions about stressful or upsetting experiences or questions which elicit unpleasant or distressful memories or feelings. This survey instrument will be administered by a qualified clinical psychologist experienced in the use of such instruments, sensitive to the feelings of the participant, and bound by a professional code of ethics and confidentiality.

The skin test for allergies is painless but often results in a small itching red weal on the skin of participants allergic to the tested substance, much like an insect bite. This reaction usually disappears after approximately fifteen minutes and participants can be treated with a cream to relieve itchiness. In extremely rare cases, in individuals highly allergic to a tested substance, a shock-like reaction can occur. This reaction is easily identified and all HSA clinics are staffed by trained medical personnel and equipped with the necessary medical equipment for such emergency situations.

Breathing tests involve filling your lungs and blowing in to a spirometer which measures lung volume. This can result in mild breathlessness similar to that which results from blowing up a balloon. Participants may rest in between each blow and the procedure will be strictly monitored and carried out according to internationally approved standards.

The fitness test will involve stepping up and down from a 16 inch platform for three minutes. Your heart rate will be measured upon completion of this test. This test may result in a moderate level of breathlessness.

The taking of a blood sample from a vein in the arm may cause a brief pricking sensation. Occasionally bruising or tenderness may result, which on rare occasions, may persist for a few days. Blood samples will be taken by a registered nurse.

Blood storage

Blood taken for the purpose of routine and immediate pathological investigations will be destroyed within days of collection. An extra sample of your blood will be frozen and stored for approximately twelve months. This allows us to run additional tests, if necessary, to explain any specific clusters of symptoms which may become evident in the study group as the Study progresses. After 12 months these samples will also be destroyed.

We would, however, also like to freeze and store a sample of your blood serum indefinitely. Blood serum is part of the fluid in which blood cells are suspended. For the purpose of long-term storage the genetic material is removed leaving non-genetic containing particles and the liquid serum. The purpose of this serum storage is to enable us to test for any new conditions that might become apparent in the future without the requirement to obtain another blood sample from you. The blood serum will never be used by the study team without your written consent and our purpose is to only ever use it for medical research.

Confidentiality and privacy – What will happen to your data?

All of the information gained in the study will be held securely by Monash University for a minimum of 7 years. You can ask Monash for, and receive a copy, of your assessment results for your own use in that time. To ensure the confidentiality of the information the data will have all identifying information removed and will be held in storage using code numbers.

The Department of Veterans' Affairs will store a set of this deidentified data indefinitely and the code will be kept by the secretary of the DVA Ethics Committee. You will continue to have access to this information for your own use. The information, however, can not be accessed by DVA to assess compensation or pension claims. DVA can only access the information for the purpose of medical research and only with the approval of an overseeing committee which includes representatives from Veteran's groups.

The Department of Defence will not have access to the data, which relates to you.

In extreme circumstances some information may be subject to mandatory reporting legislation or obtainable, by a third party, via a court order.

The results of all of the material gathered will be statistically analysed in grouped format, published in a Report to the Government and in articles in medical journals. It will not be possible to identify any individualis results from these publications or reports.

Future investigations

To assist us, in assessing long term health effects, we may need to contact you in the future. This may be to ask you about your health or to invite you to participate in future studies. This may assist us to avoid unnecessary checks of the National Death Registry for persons known to be alive, and to validate matches made with the National Cancer registry. If we do contact you, you will be under no obligation to participate in any proposed investigations.

We may be able to answer some questions, which arise from this study, by reviewing some of the medical records that are held by the Australian Defence Force. Your medical record can only be accessed with your signed consent.

Concerns or complaints

Should you have any concerns or complaints about the manner in which this project is conducted, please do not hesitate to contact the study team on **1800 062 534**.

The principal investigator for this study is:

Associate Professor Malcolm Sim Department of Epidemiology & Preventive Medicine Monash University Level 3 553 St Kilda Rd Melbourne VIC 3004 Telephone: 1800 062 534 Fax: (03) 9903 0556

If the study team cannot satisfactorily address your concerns or complaints you may wish to consider contacting one of several committees who are responsible for endorsing various aspects of the study procedures.

The study is being conducted under the auspices of an independent Scientific Advisory Committee. The chairperson of the Scientific Advisory Committee is:

Professor Terry Dwyer University of Tasmania Menzies Centre 17 Liverpool Street Hobart TAS 7000 Telephone: (03) 6226 7702 Fax: (03) 6226 7704

There is also a Consultative Forum of representatives of the veteran community. They have written a separate letter to you.

Alternatively you may prefer to contact the Ethics Committees which have endorsed the procedures within the study. They are the Australian Defence Medical Ethics Committee and the Monash University Standing Committee on Ethics in Research Involving Humans (SCERH). They are contactable at the following addresses:

Executive Secretary Australian Defence Medical Ethics Committee CP2-7-67 Department of Defence Canberra ACT 2600 Telephone: (02) 6266 3818 Fax: (02) 6266 4982

The Secretary Standing Committee on Ethics in Research Involving Humans Monash University *(please quote project number 2000/140)* Wellington Rd Clayton VIC 3800 Telephone: (03) 9905 2052 Fax: (03) 9905 1420

Gulf War Veterans Health Study

I agree to take part in the Gulf War Veterans Health Study. I have had the aims of the project, and the procedures therein, satisfactorily explained to me and I have had the opportunity to read and ask questions arising from the Explanatory Statement. In signing this consent form I am declaring the following:

1	I have read and understand the information about the Study and have had explained to me the aims of this research project, and the procedures in which I will be involved.
	I understand that I will need to devote time to completing the various parts of the study including a self-administered questionnaire and a medical examination.
	I understand that I will have blood taken for testing.
	I understand that there are some inconveniences and risks involved in participation including potential emotional distress, associated with answering questions about my Service or life experiences, and mild discomfort associated with procedures such as skin testing, fitness testing, breathing tests and blood sampling.
	I understand that I am participating in this project in a voluntary capacity and that I can withdraw at any time. This withdrawal will be without penalty or detriment to career or hindrance to future medical care.
	I understand that if any medical condition, requiring further investigation or treatment, is found as a result of the medical examination, the appropriate feedback will be provided to me or to my nominated medical practitioner.
	I am co-operating in this project on condition that:
	 the information I provide and results of my assessments will be kept confidential and only used for this project.
	 the research reports will be made available to me at my request and anv published reports of this study will preserve my anonymity
2	I agree that a sample of my blood serum may be stored indefinitely for potential and further medical research. This serum can not be used for any such purpose without my further specific written consent.
3	I agree that the researchers may check the records of the National Cancer Registry and National Childhood Malformations Registry against information I provide about my childrensí health.
4	I agree that the researchers may check my name agains the records of the National Cancer Registry and National Deaths Registry.
5	I also agree that the researchers may obtain my Australian Defence Force medical record.
l con	sent to all of the above points 1 to 5.
	HSA Witness
Signe	edSigned
OR	
	isent to all of the above points except number/s (please specify).
Name	HSA Witness
Signe	edSigned

TO CONTACT THE STUDY TEAMS

The **Gulf War Veterans Health Study Contact & Recruitment Team** are available to:

- > register your intention to participate, or to not participate, in the Study
- > answer any queries you have about participation in the study
- refer you on to an alternative and appropriate source of information if they are unable to answer a question

Please call them on **1800 502 302** during the following times, Monday to Friday, from your State. This is a free call from anywhere within Australia.

8.30am – 4.30pm for NSW, ACT, VIC & TAS
8.00am – 4.00pm from SA & NT
7.30am – 3.30pm from QLD
5.30am – 1.30pm from WA

If these times are <u>not</u> suitable you may call at any time and leave a message. Please be sure to include, in your message, your <u>full name</u>, <u>phone contact</u> <u>details</u> and some information about <u>when you can best be contacted</u> at that phone number. The Contact & Recruitment team will call you back as soon as possible.

Alternatively you can **email** the team on <u>GulfWar.HealthStudy@dva.gov.au</u> to register your intention to participate, or to not participate, in the Study. Please be sure to include, in your email, your <u>full name</u>, <u>phone contact details</u> and some information about <u>when you can best be contacted</u> at that phone number. The Contact & Recruitment team may need to speak to you directly by phone.

If you would like to speak directly with the **Monash University and Health Services Australia Gulf War Veterans Health Study Investigators**, please phone them directly on **1800 062 534**. This is a free call from anywhere within Australia. They should be able to answer any questions you may have about participating, or refer you to alternative source of information if necessary.

WE LOOK FORWARD TO HEARING FROM YOU SOON

2. Telephone questionnaire for non-participants

RE	FUSER QUESTIO	NNAIRE	STU	JDY NUME	BER			
1.	Is the participant w	/illing to cor	mplete a short □ No □ Y	•	aire?			
2.	What is your date I	birth?	/ / day month	/ year	_ 🗆 No	ot answere	d	
3.	Were you a serving 1990?	g Defence F	orce member i	in August	Cease inter		Not answered	
4.	In which country were you born?	 Australia UK & Irela Italy Greece Netherlan Germany New Zeal Malaysia USA Canada South Afr Other Not answ 	nds land rica please specify					
5.	Do you regard you Torres Strait Island		ng of Aborigin	al or	D NO	L YES	Not answered	ł
6.	Which category <u>be</u> educational qualifi			. <u>d</u> ?	 Secor Secor Certifitechnicia Diplor Under 	ry school u ndary schoo cate (trade ans etc) na (associa rgraduate de	•	э)

GULF WAR VETERANS HEALTH STUDY

7. What is your current occupational status?

	,				
	Choose the <u>most relevant</u> option.				
	Still serving with ADF				
	□ Other paid employment full-time	 Occupation 	י?		
		Industry?			
	Other paid employment part-time/casual -	 Occupation 	ı?		
		Industry?			
	Volunteer/community work	-			
	Student				
	Home duties				
	□ Retired				
	Not working due to ill-health / TPI				
	Unemployed				
	Other				
	(please specify)				
	□ Not answered				
8.	Are you a current smoker, former smoker of				
	Current smoker Former smoker	Never smoke	ed l	Not answe	ered
9.	In general, would you say your health is:				
E	Excellent Very good Good	Fair	Poo	or N	Not answered
10	The following items are about activities you	ı miaht do dı	urina a tvi	nical dav	
10.	health now limit you in these activities? If			pical day.	bees your
	·	Yes,		No, not	Not answered
	Does your health limit you in:	limited		limited at	
a.	Moderate activities, such as moving a	a lot	a little	all	
а.	table, pushing a vacuum cleaner, bowling,				
	or playing golf				
b.	Climbing several flights of stairs				
11.	During the past 4 weeks, have you had any	of the follow	/ing probl	ems with	your work
	or other regular daily activities as a result of	of your physic	cal health	<u>1</u> ?	-
	Heve you				
	Have you:				
a.	You accomplished less than you would lik	e 🗅 YES			lot answered
b.	You were limited in the kind of work or othe				lot answered
	activities				

12. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities <u>as a result of any emotional problems</u> (such as feeling depressed or anxious)?

a.	You accomplished less than you would like	YES	🗆 NO	🖵 Not
b.	You didn't do work or other activities as carefully as usual	L YES	D NO	answered D Not answered

13. During the past 4 weeks, how much did <u>pain</u> interfere with your normal work (including both work outside the home and housework)?

Not at all	A little bit	Moderately	Quite a bit	Extremely	Not answered

14. These questions are about how you feel and how things have been with you during the <u>past 4 weeks</u>. For each question, please give the one answer that comes closest to the way you have been feeling.

		All of the Time	Most of the Time	A Good Bit of the Time	Some of the Time	A Little of the Time	None of the Time	Not answered
a.	Have you felt calm and peaceful?							
b.	Did you have a lot of energy?							
C.	Have you felt downhearted and blue?							

15. During the <u>past 4 weeks</u>, how much of the time has your <u>physical health or emotional</u> <u>problems</u> interfered with your social activities (like visiting with friends, relatives, etc.)?

All of the time	Most of the time	Some of the time	A little of the time	None of the time	Not answered

3. Appointment confirmation package

Australia's leading health assessment and advisory service



[name field] [address field]

Ref: [number field]

Dear [name field]

Thank you for agreeing to participate in the Gulf War Veterans Health Study.

Your participation in the Study involves completing a postal questionnaire and attending for a detailed medical examination.

As discussed, your medical examination will be conducted by staff at Health Services Australia (HSA). Our office is located on the **4th floor at Casselden Place**, **2 Lonsdale Street (corner of Spring St)**, **Melbourne**. This is very close to Parliament station.

Your appointment time is on [fields for day of week, date, month, year] at [time field].

Please allow **at least four and a half hours** for your complete medical examination, including breaks. You will be provided with a complimentary voucher to purchase refreshments at a local cafe.

The **postal questionnaire** is included in this package. This may take an hour and a half or more to complete. Please do your best to complete all sections **prior** to your appointment with us.

Please read the attached instruction sheet before attending your appointment. If, for any reason, you are unable to attend at the arranged time please telephone us immediately on **1300 361 046 or 9224 8376**.

The Department of Veterans Affairs can arrange, on your behalf, any travel or transport requirements between your home or work place and our office. This arrangement includes full coverage of associated costs. *Please telephone them on (03) 9284 6000 to arrange this*. If you prefer to arrange your own travel you can be reimbursed for any costs incurred including parking, petrol, public transport fares, etc. **Please keep your receipts**.

We look forward to your involvement in this very important Study.

Very best regards

on behalf of the Gulf War Veterans Health Study team

[date field]

Gulf War Veterans Health Study

INSTRUCTIONS FOR PARTICIPANTS

In the week prior to your medical appointment at Health Services Australia (HSA):

• Please take the time to read through and COMPLETE the **postal questionnaire**. The questionnaire should take approximately an hour and a half to complete. You may need several sittings to properly complete all sections. It could be useful to look up your personal records such as your medical records, W.H.O. yellow vaccination booklet, or a job resume to most accurately answer some sections.

In the four days prior to your appointment at HSA:

- Please avoid, if possible, the use of anti-histamine based medications typically used for cold, flu and hayfever symptoms. Examples of these are Sinutab, Codral, Demazin, Claratyne and Sudafed.
- Expect to receive a phone call from your allocated HSA office to confirm your appointment details. If you have any questions about attendance, please take this opportunity to ask them.

On the day of your appointment at HSA:

- Please avoid, if possible, drinking any alcohol.
- Please avoid, if possible, the use of asthma medications such as Ventolin, Becotide and Brondecon.

IMPORTANT

It is important that you <u>do not endanger your health</u> in any way by withholding these medications. Please do not hesitate to use any medications if your symptoms necessitate this.

In the hour prior to your appointment at HSA:

• Please avoid, if possible, drinking coffee and smoking cigarettes or other nicotine containing products.

When attending your appointment at HSA:

- Please wear flat shoes and light, comfortable clothes (remember there will be a brief fitness test).
- Please bring your completed postal questionnaire.
- Gulf War Vets only: If you still have your W.H.O. yellow vaccination booklet, please bring this with you.

You <u>do not</u> need to fast prior to your appointment.



How to claim for **Travelling Expenses**



Check you have the right form

Use the form 'Claim for Travelling Expenses' to claim for expenses relating to your visits to a health provider for treatment or a disability claim. For other expenses (for example travel relating to the Veterans' Review Board or Administrative Appeals Tribunal) you will need a different form - contact your State Office or Veterans' Advice Network (VAN).



Complete your details and sign the front Write your name, DVA file number, contact phone number and address on the front of the form, then sign the declaration.



Use a different form for each provider you visit If you are claiming for travel to different doctors or other health providers, you must use a separate form for each provider you visited. You need to give the form to your provider so they can complete the blue sections.



Lodge your form with DVA within three (3) months You must lodge your form within three (3) months of the first travel you are claiming for. Claims received after three (3) months cannot be paid. You do not need to wait until you have filled up the form (5 visits). When you lodge your form, another form will be sent to you.

Completing the form

You need to give separate details about each visit to the health provider.

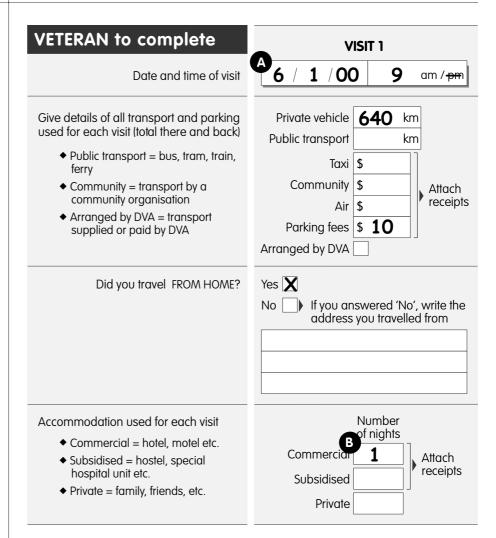
For example: John Veteran's first visit that he is claiming for was at 9am on January 6 2000.

He travelled 320km to the appointment and 320km back home (total 640km). He travelled in a private vehicle and had parking fees of \$10. He stayed overnight in a motel.

A You need to take note of the date of the first visit you are claiming for. You must lodge your claim within 3 months of this date.

B You need to attach receipts for travelling expenses such as accommodation (see page 5 for more information about receipts).

Details about your travel expenses



Your situation

What if I have different travel arrangements?

Different kinds of travel are covered by this form. Depending on how you travel, you need to write the distance you travelled or the amount you paid in fares. If you write the amount in fares (for example if you travel by taxi, community transport or air) you will need to attach receipts. If you are travelling from somewhere other than your home, you need to write the address from which you travelled in the space provided.

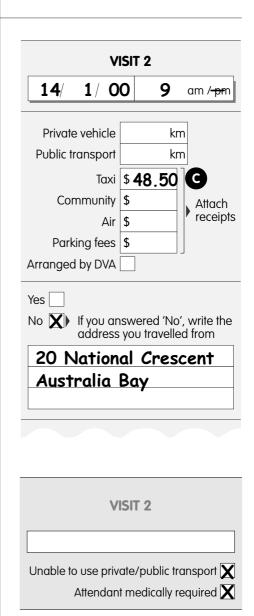
For example:

At the time of John Veteran's second visit to this health care provider, he is staying with his sister and takes a taxi to his appointment. His taxi fare is \$23.50 there and \$25.00 back. He writes the total in the box provided. He also writes his sister's address in the box provided.

G John needs to attach the receipt from his taxi (see page 5 for more information about receipts).

What if I need someone to travel with me?

If you need someone to travel with you for medical reasons, you may be able to claim some of their expenses. Your health care provider must indicate on the form whether or not an attendant is medically required.



Completing the form

If you are admitted to hospital for any length of time, please use the space on the back of the form to give details of your stay in hospital. Remember to fill in details about your discharge as well as your admission. For example: John Veteran is admitted

to hospital for one week in February 2000. He was transported via ambulance from his sister's home. On discharge he left the hospital by private vehicle.

If you are admitted to hospital

VETERAN to complete	ADMISSION
Dates and times	15/2/00 8 a m /pm
 Give details of all transport and parking used. Give separate details for the trip there (for admission) and the trip back (after discharge). Public transport = bus, tram, train, ferry Community = transport by a community organisation Arranged by DVA = transport supplied or paid by DVA 	TRANSPORT FOR ADMISSION ONLY Private vehicle km Public transport km Taxi Community Air Parking fees Ambulance Arranged by DVA
Did you travel FROM HOME?	Yes No X If you answered 'No', write the address in the white space
 Accommodation used for this visit Commercial = hotel, motel etc. Subsidised = hostel, special hospital unit etc. Private = family, friends, etc. 	Number of nights Commercial Attach Subsidised Private
If you had a MEDICALLY REQUIRED ATTENDANT Did your attendant travel home and then return for you on discharge? Number of nights your attendant used COMMERCIAL accommodation	Yes No Attach receipts –





20 National Crescent Australia Bay Depending on your particular travel and accommodation arrangements, we may need to see your receipts for some of the travel you have undertaken for your condition. Please make sure that you attach receipts securely to your form.

TERRIFIC TAXIS

* * * *

TERRIFIC TAXIS

Veteran Cove Parking Station 6 January 2000 Total \$10.00

Out: 6 January 2000	Total	\$90.00
1 Night, Standard Double Room In: 5 January 2000		\$90.00
Mr & Mrs J Veteran 21 Park Street Barrack Flats Accommodation		Tariff
AUSTRALIAN MO HOSPITAL ROAD, VETERAN CON		
	Set do ****** Distar Extras Tariff	up 08:15 wwn 08:47 *************** nce 20km s

the health provider

Your health provider needs to complete the blue section of the form.

The provider must also sign the certification.

If you are admitted to hospital, your health provider needs to complete the blue section on page 4 of the form.

The provider must also sign the certification.

Dr I Jones

Confirming the travel details

DOCTOR or other HEALTH PROVIDER to complete					VISIT 1	
Condition trea	ted (for W	hite Card	d only) 🕨			
For each v requir	ate any s ue to vet dical cor	eran's	Unable	to use private/public transport Attendant medically required X		
				S	TAMP OR PRINT	
Provider's su	ırname &	initials	Dr I	Jones		
Address at which	No. 8	street	10 Au	ıstralia	Street	
treatment	Suburk	uburb/town Veteran Co		an Cove	Cove	
occurred	Po		2000			
	Contact	phone	(02) 7890 7890			
	ider Num atment a		34569	A		
HOSPITAL to co	uirements	At	ADMISSION use private/publi tendant medical	c transport 🗙	DISCHARGE Unable to use private/public transport Attendant medically required X	
Hospital name Veteran Cove			MP OR PRINT		Condition treated (for White Card only)	
at which treatment Suburb/tov occurred	at which treatment Suburb/town Veteran				CERTIFICATION I certify that I have provided treatment on the dates shown and that the details I have provided are correct.	
Contact phor Provider Number f treatment addre	ne (02) or	2000 20			Signature	
Admitting doctor		Type of prov	laer		•	

Cardiologist

To the best of your knowledge, did the treatment meet the health care needs of the veteran and are you the **closest practical** provider able to administer the required treatment? Yes X No

Print name

Date 22/2/00

VISIT 2	VISIT 3	VISIT 4
Unable to use private/public transport X Attendant medically required X	Unable to use private/public transport	Unable to use private/public transport Attendant medically required
Type of provider Cardiologist Reason for visit(s): Treatment X Disability claim	For treatment visits: To the best of your knowledge, did the treatment meet the health care needs of the veteran and are you the closest practical provider able to administer the required treatment? Yes No	CERTIFICATION I certify that I have provided treatment on the dates shown and that the details I have provided are correct. Signature I I I I I I I Date 14/1/00

Remember

Even if you choose to leave your form with your health provider, it is your responsibility to ensure that your form reaches DVA within three (3) months of the first visit for which you are claiming expenses.

more information

For further assistance to complete the form or to obtain further copies of the form, please ring the State Office numbers shown right, or your local VAN Office.

Other information is available in the booklet 'Your guide to The Repatriation Transport Scheme' or in the following DVA Fact Sheets. You can get a copy of any of the fact sheets from your State Office or VAN, or you can download them from the DVA website: www.dva.gov.au

National Toll Free Number	1800 113 304
Queensland	(07) 3223 8666
New South Wales	(02) 9213 7777
Victoria	(03) 9284 6000
South Australia	(08) 8290 0462
Tasmania	(03) 6221 6740
Western Australia	(08) 9366 8222

- HSV02 Overview of the Repatriation Transport Scheme
- HSV120 Ambulance
- HSV121 Travel with an Authorised Attendant
- HSV122 Transport—Meal and Accommodation Allowances
- HSV123 Transport—Community Transport
- HSV124 Private Motor Vehicle, Bus, Train, Tram and Ferry Travel and Parking Expenses
- HSV125 Taxi, Booked Car and Air Travel
- HIP80 Providers—Transport Information for Health Providers

P330 – April 2000



D800

Use this form for

travel relating to treatment or a disability claim.

Do NOT use this form for

travel relating to the Administrative Appeals Tribunal, the Veterans' Review Board or the Specialist Medical Review Council. Use a different form – contact your State Office or Veterans' Affairs Network (VAN) office.

Information

For information, please read 'Your Guide to the Repatriation Transport Scheme' and DVA fact sheets, available from your State Office or VAN, or visit our website www.dva.gov.au

Filling in your claim

Complete a separate form for each health provider visited.

You must complete the **BROWN** parts, and your doctor or other health provider must complete the **BLUE** parts.

For ADMISSION TO HOSPITAL, please use the back page.

Please print neatly in BLOCK LETTERS using a BLACK or BLUE PEN.

3 months claim period

To receive payment for travel, you must lodge the form within 3 months after that travel (only in exceptional circumstances will DVA extend the period).

Send your claim to Department of Veterans' Affairs GPO Box 9998 in your State capital city.

Privacy

The information provided is required to assess your claim for travelling expenses under the *Veterans' Entitlements Act 1986*. The Act requires that a claim be made on this form as approved by the Repatriation Commission. We may disclose some of the information provided on this form to your doctor or health provider, or to the Health Insurance Commission in order to verify your claim. We may also provide information to the Department of Finance and Administration to facilitate payment of your claim.

Claim for **Travelling Expenses**

vetero	in to complete and sign
Your surname	
Given names	
DVA File Number	
Contact phone	
	HOME ADDRESS
Number and street	
Suburb/town	
Postcode	
Number and street	POSTAL ADDRESS (if different to home address)
Suburb/town	
Postcode	
DECLARATION	I declare that the details I have provided in this
	form are correct to the best of my knowledge. I have attached all required receipts to this form. I understand that giving false or misleading information is a serious offence.
YOUR SIGNATURE	
Date	
	If you are a person authorised to act on behalf of the veteran in matters relating to this claim, please give your name
	ember! all required receipts.

Lodge your form **within 3 months** of the travel you are claiming for.

Amount paid \$

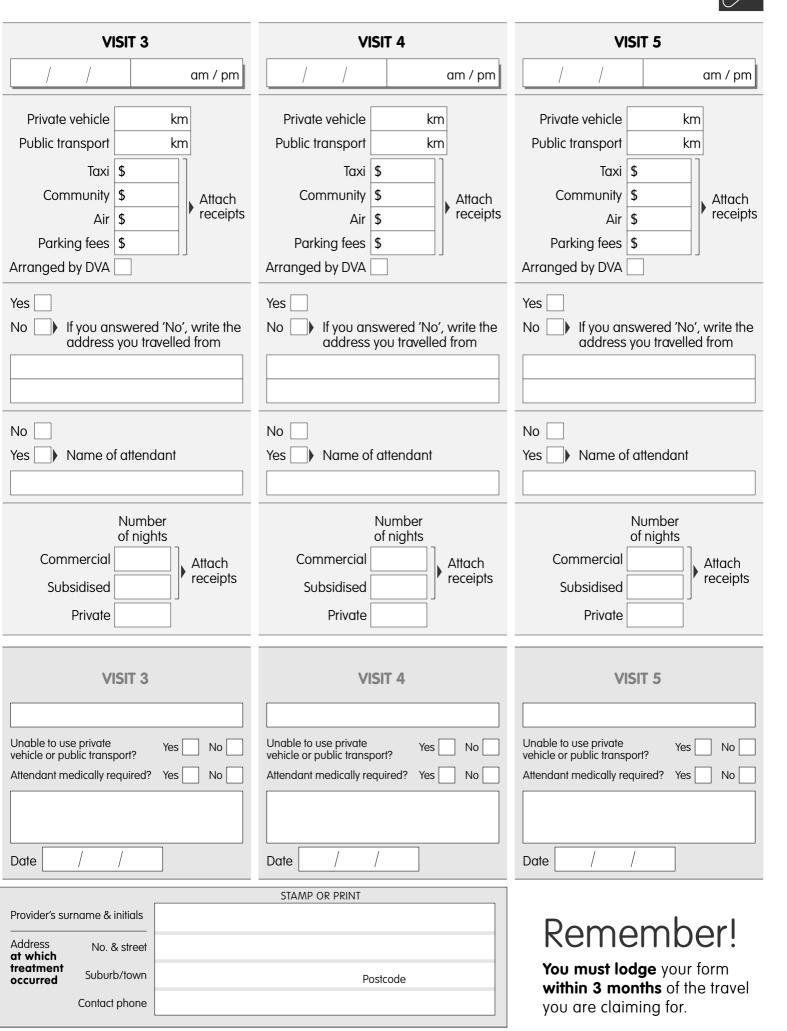
Office use Claim ID

Use this page to claim for visits for treatment or a disability claim. For admi

VETERAN to complete	VISIT 1	VISIT 2
Date and time of visit	/ / am / pm	/ / am / pm
 Give details of all transport and parking used for each visit (total there and back) Public transport = bus, tram, train, ferry Community = transport by a community organisation Arranged by DVA = transport supplied or paid by DVA 	Private vehicle km Public transport km Taxi \$ Community \$ Air Parking fees \$ Arranged by DVA	Private vehicle km Public transport km Taxi \$ Community \$ Air Parking fees \$ Arranged by DVA
Did you travel FROM HOME?	Yes No If you answered 'No', write the address you travelled from	Yes No If you answered 'No', write the address you travelled from
Did you travel with an ATTENDANT?	No Yes Name of attendant	No Yes Name of attendant
 Accommodation used for each visit Commercial = hotel, motel etc. Subsidised = hostel, special hospital unit etc. Private = family, friends, etc. 	Number of nights Commercial Attach Subsidised Private	Number of nights Commercial Attach Subsidised Private
DOCTOR or other HEALTH PROVIDER to complete	VISIT 1	VISIT 2
Specify condition treated (for White Card only) For each visit, indicate any special requirements due to veteran's medical condition By signing for each visit, you, the doctor/health provider certify that you saw	Unable to use private vehicle or public transport? Yes No Attendant medically required? Yes No	Unable to use private vehicle or public transport? Yes No Attendant medically required? Yes No
the veteran for treatment that day and the details entered are correct	Date / /	Date / /
Before this claim can be lodged Please make sure you (the doctor or other health provider) have completed ALL of the following details	meet the Disability claim are you t	est of your knowledge, did the treatment Yes health care needs of the veteran and he closest practicable provider able No ister the required treatment?

ssion to hospital, please use the back page.

Fix receipts here



ADMISSION TO HOSPITAL For other types of visits, please use the other side.

VETERAN to complete	ADMISSION	DISCHARGE
Dates and time	s / / am / pm	/ / am / pm
 Give details of all transport and parking used. Give separate details for the trip there (for admission) and the trip back (after discharge). Public transport = bus, tram, train, ferry Community = transport by a community organisation Arranged by DVA = transport supplied or paid by DVA 	TRANSPORT FOR ADMISSION ONLYPrivate vehiclekmPublic transportkmTaxi\$Community\$Air\$Parking fees\$Ambulance_Arranged by DVA_	TRANSPORT AFTER DISCHARGE ONLYPrivate vehiclekmPublic transportkmTaxi\$Community\$Air\$Parking fees\$Ambulance_Arranged by DVA_
Did you travel FROM HOME? Yes No What address di you travel from?	d	
 Accommodation used for this visit Commercial = hotel, motel etc. Subsidised = hostel, special hospital unit etc. Private = family, friends, etc. 	Number of nights: Commercial Subsidised Private	Attach receipts
Did you travel with an ATTENDANT? No Yes Give details	Name of your attendantDid your attendant travel home and then return for you on discharge?NoNumber of nights your attendant used COMMERCIAL accommodation while you were in hospitalImage: Commodation Commodation	Yes Attach receipts – a contributing allowance may be paid by DVA
HOSPITAL to complete Indicate any special requirements due to veteran's medical condition	ADMISSION Unable to use private vehicle or public transport? Yes No Attendant medically required? Yes No	Unable to use private vehicle or public transport? Yes No Attendant medically required? Yes No
Hospital name Address at which treatment occurred Suburb/town Contact phone Provider Number for treatment address	STAMP OR PRINT Postcode	Specify condition treated (for White Card only) CERTIFICATION I certify that I have provided treatment on the dates shown and that the details I have provided are correct. Signature
Admitting doctor To the best of your knowledge, did the treat needs of the veteran and are you the close able to administer the required treatment?	Type of provider	Print name Date / /

4. Postal questionnaire

STUDY NUMBER



GULF WAR VETERANS' HEALTH STUDY

PARTICIPANT QUESTIONNAIRE

THANK YOU

for participating in the Gulf War Veterans Health Study

Please read the following instructions regarding the completion of this questionnaire.

- 1. This questionnaire is to be completed by both Gulf War Veterans and other serving or former ADF members, who did not deploy to the Gulf War, but who have been invited to participate in the Gulf War Veterans' Health Study.
- 2. For the purpose of this study, YOU ARE A GULF WAR VETERAN IF you were deployed in support of the Gulf War during the period of 2nd August 1990 to 4th September 1991 as part of ADF Operation Ozone, Operation Damask and Operation Habitat, or with overseas forces as part of Desert Shield and Desert Storm.

The Gulf War Veteran Group does NOT include:

question, and its instructions, VERY CAREFULLY.

- i) those personnel who were on other Defence duties in the Middle East at the time,
- ii) personnel deployed in support of Operation Blazer <u>after</u> 4th September 1991,
- iii) personnel deployed in support of Operation Damask <u>after</u> 4th September 1991.

If you are not sure whether you <u>are</u> a Gulf War Veteran, or <u>are not</u> a Gulf War Veteran, according to the above definition, the names of all those included in this Study's Gulf War Veteran group are published in the Gulf War Nominal Roll. The Nominal Roll can be viewed at <u>http://www.dva.gov.au/commem/nomroll/gult/index.htm</u>. Alternatively you could call 1800 502 302 to check if you are included.

	RIGHT
3.	When completing the questionnaire please <u>TICK</u> ONLY those boxes corresponding to your answers.
	Please DO NOT place crosses in the boxes or circle the boxes
	WRONG
4.	Parts of the questionnaire are complicated to complete. Please be sure to read each

5. Please be sure to ring the Study team if you are unsure about how to complete any section of this questionnaire. The freecall number is **1800 062 534**. Please call any time during business hours, Monday to Friday.

Question 1.

For the purpose of this study do you regard yourself as a Gulf War Veteran or NOT a Gulf War Veteran? Please refer to the definition provided on the previous page if you are not certain.

Please tick one.

- □ I am a Gulf War Veteran
 - \rightarrow You should complete ALL sections of this questionnaire.
 - → Some tables in this questionnaire have columns labeled "Everyone" and columns labeled "GW Vets only"; you should complete BOTH columns where applicable.

I am NOT a Gulf War Veteran

- → You should complete ALL sections of this questionnaire EXCEPT section C and any other questions marked "Gulf War Veterans Only"
- → Some tables in this questionnaire have columns labeled "Everyone" and columns labeled "GW Vets only"; you should complete ONLY the columns labeled "Everyone".

SECTION A: PERSONAL DETAILS

We have some general questions to begin with.					
A1. Are you male or fe	emale?	🗅 Male	🖵 Female		
A2. What is your date	birth?	/ day moi	/ 1 9 nth year		
A3. In which country were you born?			ch State or Territory		
A4. If NOT Australian you <u>first</u> arrive in Aus		19			
A5. Do you regard you Aboriginal or Torres S		I NO	□ YES		
A6. What language do your household	o you usually speak in	❑ English ❑ Other_			
			please specify		
A7. What is your <u>current</u> marital status?		-	o ted d		
A8. Since August 199 status <u>changed</u> ?	1 has your marital	 Not change Married, of Separate 	st 1991 I have: ged my marital status or started living with a partner d from a partner from a partner		

please specify

A9. Which category <u>best</u> describes the
highest educational qualification you have
completed?

Choose one.

- Primary school up to grade 6
- Secondary school up to grade 10
- Secondary school grades 11-12

□ Certificate (trade, apprenticeship, technicians etc)

- Diploma (associate, undergraduate)
- Undergraduate degree
- Post-graduate degree

A10. What is your current occupational status?

Choose the most relevant option.

- □ Paid employment full-time
- □ Paid employed part-time/casual
- ❑ Volunteer/community work
- Student
- Home duties
- Retired
- □ Not working due to ill-health / TPI
- Unemployed
- Other

please specify

A11. Since August 1991 have you had a period of unemployment greater than 3 months?

□ NO □ YES

. ↓

If YES, was this period of unemployment <u>primarily</u> due to health problems?

□ NO □ YES

A12. What is your <u>main</u> source of income now?

Choose one

UWage or salary

- Own business or share in a partnership
- Disability pension

Other government

- pension/allowance/benefit
- Child allowance
- □ Superannuation/annuity
- Dividends/interest/income from investments

Other ____

please specify

GO TO SECTION B

SECTION B: MILITARY POSTINGS

B1. When you jo	ined the ADF for mili	tary service v	vere you:		
	🖵 Navy	🖵 Army	Airforce	Other	
	-	-			please specify
B2. What year di	d you first join the A	DF? 19			
	a serving member of				
	□ NO If NO, What y	ear did you l	eave?		011
B4. In January 1	991, what was your r	ank?	please sp	pecify	Office use only

INSTRUCTIONS: Please answer the following questions about military postings, including postings with defence forces of other countries, that you have held for <u>**3 months or more**</u>. Please DO NOT include postings that you held as a reservist in the military.

B5. Please write in the year you started each non-reserve posting, the duration of the posting in years and months, the rank mostly held for that posting, the name of your unit, ship or squadron, your category/branch, corps or mustering and a brief description of your duties, the type of area that you worked in. Then please indicate whether you regularly worked with or handled pesticides, fuels, engine exhaust, or solvents during those postings.

Please start with your first posting and continue in order. If the duties were substantially the same from one posting to the next you may amalgamate the postings.

	Year Started	Duration in years & months	Rank Mostly held	Name of Unit/Ship/ Squadron	Category/Branch, Corps or Mustering and a brief description of duties	Was it primarily? Select the most relevant option	Did you regularly work with or handle any of the following? Select all that apply
Eg	1975	<i>2</i> yrs 6 mo	Able seaman	HMAS Success	Seaman, engine maintenance painting ship	 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these
1		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these
2		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these
3		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these

	Year Started	Duration in years & months	Rank Mostly held	Name of Unit/Ship/ Squadron	Category/Branch, Corps or Mustering and a brief description of duties	Was it primarily? Select the most relevant option	Did you regularly work with or handle any of the following? Select all that apply
4		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these
5		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these
6		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these
7		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these
8		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these
9		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these
10		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these
11		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these
12		yrs mo				 Workshop Office Field Barracks Ship above deck Ship below decks 	 Pesticides Solvents Fuels Engine Exhaust None of these

GO TO SECTION C

IF YOU ARE A GULF WAR VETERAN, A COPY OF YOUR GULF WAR DEPLOYMENT RECORD SHOULD BE STAPLED HERE.

GULF WAR VETERANS ONLY SHOULD ANSWER THIS SECTION

If NOT a Gulf War Veteran, please go to SECTION D

SECTION C: YOUR DEPLOYMENT TO THE GULF WAR

We would like to know some specific details about your deployment to the Gulf War.

The Gulf War Nominal Roll records your service number, date entered the operational area, date departed the operational area, ship/unit/squadron, rank and corps/mustering. A copy of <u>your</u> Gulf War Nominal Roll record should be stapled to the previous page.

C1. Please check the details of the deployment record from the Nominal Roll, writing any necessary corrections clearly and directly <u>on to the stapled sheet.</u>

Please mark the box below to indicate that you have checked the attached Nominal Roll record and that you have made any needed corrections.

□ I have checked my Nominal Roll deployment record and have made any needed corrections.

C2a. What were your primary du (mark <u>all</u> boxes that apply)	ties during your depl	oyment to the Gulf War?
On board a frigate or	destroyer	Logistic support/staff duties
On board a supply sl	nip	Medical
On board a submaring	ne	Environmental health duties
Mine countermeasur	es	☐ Airbase support
Ground Crew		Airfield guarding
Engaged in combat/o	combat missions/comb	pat patrols
Combat support/fligh	t-line support/convoy	protection
Other duty		
	please specify	

C2b. Please write your job title, or trade, applicable to when you were there (eg technician, cook, driver)

(job title or trade)

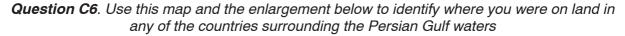
C3. During your Gulf War deployment were you:

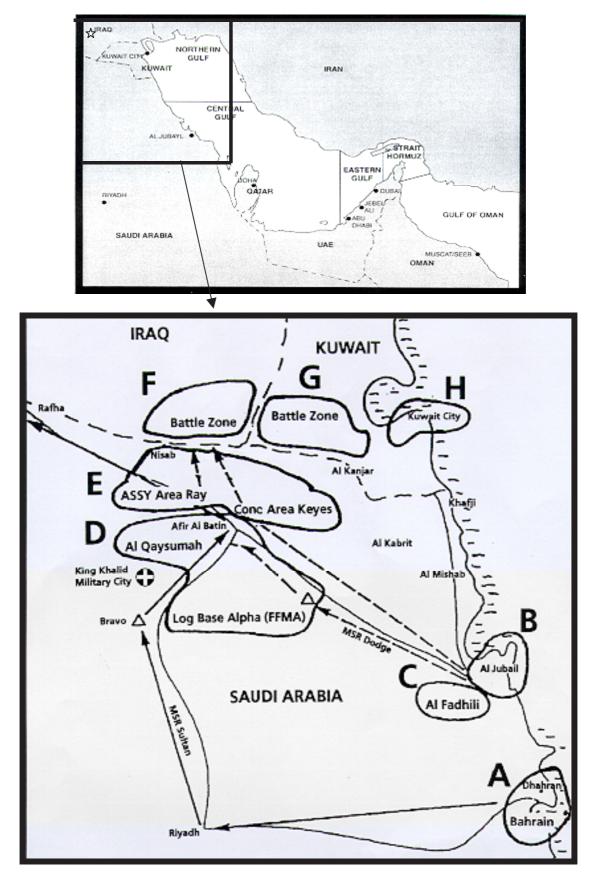
a. attache						
	☐ YES <i>If YES</i> , whic	ship?	☐ HMAS D ☐ HMAS S ☐ HMAS A ☐ USNS C ☐ Other	ydney delaide	☐ HMAS Br ☐ HMAS W ☐ HMAS Su please	estralia
	d to a static	HQ				
	☐ YES <i>If YES, w</i> hic	ch location?	☐ Australia ☐ Bahrain ☐ Iraq ☐ Other		❑ UAE (eg ❑ Oman (eç	,
c. did you ❑ NO	serve as par YES	rt of Operatior	n Habitat?			
♥ d. were yc □ NO	☐ YES If YES, Whe		e HQ? rt deployment? sh deployment?	_		
with, or w	ere you expo	sed to, intens	Gulf on how mains a smoke from the smoke from the second s	ourning oi	I wells?	
	-	ne smoke and	oil cloud, for ho ou outside/on tl	-		h of those
↓ ↓	🖵 <1 hour	🖵 1-4 hours	🖵 5-8 hours	🖵 >8 hou	irs	
C5. During	your deploy	yment to the C	Gulf War did you	u serve, oi	at any time	visit or set

foot, <u>on land</u> in any of the countries surrounding the Persian Gulf waters (such as Saudi Arabia, Kuwait, Iraq, Iran etc)?

■ NEVER YES
If YES please look at maps and answer question C6 on the next pages

If NEVER please go to QUESTION C7





This map shows the main areas where **ground forces** were located. Several areas are listed on the map with a code (A to H). Please note that the location code includes the whole of the area circled.

Question C6 continued

Location Code	Examples	Location Code	Examples
A	Dahran, Bahrain	В	Al Jubail, e.g. Baldrick Lines
С	Devil Dog Dragoon Range, Al Fadhili, St. Patrick's Camp Jerboa Range	D	Al Qaysyumah, Log Base Alpha (FFMA), Hafar Al Batin
E	Ex. Dibdibah Range or Charge Concentration Milton Keynes, Assemble Area Ray	F	Southern Iraq Battle Zone e.g. Bronze, Lead, Tungsten, Copper, Cobalt, Varsity
G	Kuwait (excluding Kuwait City)	Н	Kuwait City

C6a. Please indicate in the table, at the bottom of the page, which <u>ground</u> locations you served at or visited during your Gulf War deployment and indicate when you were there. Please use the codes provided on the map OR, if you went to a location not coded on the map, please give its name.

Nb. The Aerial Bombardment commenced on 17th January 1991. The Main Battle took place in Areas F and G between 24th and 28th February 1991.

The example provided is for a veteran whose Gulf War deployment took him/her first to Al Jubail (Area B) between January 17 and February 28, subsequently to Bahrain (Area A) after February 28, and finally to Karachi (not coded on the map) also after February 28.

Example only

	Location	Before war was declared (pre Jan 17)	During the war (Jan 17–Feb 28)	After the cease-fire (post Feb 28)
1 st location	B			
2 nd location	A			V
3 rd location	Karachi			

Which ground locations did you serve at or visit?

	Location	Before war was declared (pre Jan 17)	During the war (Jan 17–Feb 28)	After the cease-fire (post Feb 28)
1 st location				
2 nd location				
3 rd location				
4 th location				
5 th location				
6 th location				
7 th location				

C6b. Were you near Khamisiayah in southern Iraq (☆on the top map) in March 1991? □ NO □ YES C6c. Were you at camp Doha on July 11th , when the North Compound caught fire, or involved in the subsequent clean up operations?

GO TO Question C7

Section C continued VACCINATIONS & MEDICATIONS

We would like to know about vaccinations and medications you received as part of your deployment to the Gulf War.

If you have a written record of these vaccinations, e.g. your WHO International Certificates of Vaccination 'yellow book', please refer to it when completing this section; and bring the book with you to the medical examination. If you do not have your 'yellow book', please indicate this, but still complete this section to the best of your ability.

C7. Do you have your WHO 'yellow book' to refer to?

C8. As part of your Gulf War deployment, how many vaccinations did you receive:

before you left for the Gulf	? 🗆 none 🗔 1	2	□3	□ 4	□ 5	□ 6	□ >7	🖵 Don't know
Over what time perio	d did you receiv	ve the	se?					
□ all in one session □ across 1 week □ across 2-4 weeks □ across a period > 4 weeks								
in transit to the Gulf?	🗅 none 🕒 1	2	□ 3	□ 4	□ 5	□ 6	□ >7	🖵 Don't know
Over what time perio	d did you receiv	ve the	se?					
\Box all in one session	across 1 week	🗆 ac	2 3 4 5 6 >7 Don't know e these? across 2-4 weeks across a period > 4 weeks 2 3 4 5 6 >7 Don't know					
while you were in the Gulf	none 🗅 1	2	□ 3	□ 4	□ 5	□ 6	□ >7	🗅 Don't know
Over what time perio	d did you receiv	ve the	se?					

all in one session	across 1 week	across 2-4 weeks	\Box across a period > 4 weeks

C9. Which of the following vaccinations <u>do you think</u> you received:

Typhoid	🖵 No	🖵 Yes	🖵 Don't know
Cholera	🖵 No	🖵 Yes	🖵 Don't know
Diptheria, Tetanus (ADT)	🖵 No	🖵 Yes	🖵 Don't know
Pertussis (whooping cough)	🖵 No	🖵 Yes	🖵 Don't know
Hepatitis B	🖵 No	🖵 Yes	🖵 Don't know
Measles, Mumps, Rubella (MMR)	🖵 No	🖵 Yes	🖵 Don't know
Polio (oral Sabin)	🖵 No	🖵 Yes	🖵 Don't know
Tuberculosis (BCG)	🖵 No	🖵 Yes	🖵 Don't know
Hepatitis A (Havrix)	🖵 No	🖵 Yes	🖵 Don't know
Smallpox	🖵 No	🖵 Yes	🖵 Don't know
Anthrax	🖵 No	🖵 Yes	🖵 Don't know
Plague	🖵 No	🖵 Yes	🖵 Don't know
Other	🖵 No	🖵 Yes	🖵 Don't know
If Other, please specify			

C10. Did you take anti-nerve agent pills (i.e. PB or NAPS)?

NO
 YES
 Don't know
 If YES,
 a. Please estimate how many days you took them for in total? ____ days
 b. On average how many did you take each day?
 1
 2
 3
 >3
 Don't know

C11. Did you take tablets to protect you against malaria (e.g. chloroquine or doxycycline)?

	Don't know	
If YES,		
a. please	estimate how many days you took them for in total?	days

C12. Did you take any anti-biological warfare tablets (Ciprofloxacin or ì Ciproxinî)?

INO YES Don't know If YES,

a. please estimate how many days you took them for in total? _ _ days

C13. Did you have a significant reaction to any vaccinations or medications that you received?

If YES,

a. Please specify which vaccination(s) or medication(s) you reacted to

b. Which vaccination or medication resulted in the <u>most severe</u> reaction. Please specify one

c. How long did this most severe reaction last? _ _ days

d. Did you need to seek medical advice for this reaction

GO TO SECTION D.

SECTION D: DEPLOYMENTS (Everyone should answer this section)

D1a. Have you been on an active deployment (war or peacekeeping). This <u>does not</u> include training exercises or goodwill visits (flying the flag).

□ YES GO TO QUESTION D1b. □ NO GO TO SECTION E ____

D1b. In the table below please indicate where you were actively deployed. Remember that this <u>does not</u> include training exercises or goodwill visits (flying the flag).

INSTRUCTIONS: From this list please mark the YES box for those active deployments which apply to you. Then, please write the year in which you were deployed, the approximate duration of your participation in that deployment and indicate whether you were ordered to serve on that deployment or whether you volunteered.

Were you deployed to:	Yes	Year First Deployed	(If y	Duration (Choose ou went more than		Were you ordered to serve or did you volunteer to serve?		
			Less than one week	One week to less than one month	One month to less than 6 months	More than 6 months	Ordered	Volunteered
1. Angola								
2. Afghanistan								
3. Balkanís								
4. Bougainville 1997 →								
5. Cambodia 1993 -1999								
6. East Timor 1999 →								
7. Egypt								
8. Former Rep of Yugoslavia 1997 \rightarrow								
9. Gulf of Oman 1999								
10. Korea 1953 →								
11. Kuwait 1998 →								
12. Malaysia								

D1. continued

	Were you deployed to:	Yes	Year Deployed		Were you ordered to serve or did you volunteer to serve?				
				Less than one week	One week to less than one month	One month to less than 6 months	More than 6 months	Ordered	Volunteered
Ī	13. Middle East 1956 →								
	14. Mozambique 1994 →								
ľ	15. Namibia 1989-1990								
_ [16. Papua New Guinea 1997-1998								
+	▶7. Persian Gulf (between 2/8/90 & 4/9/91)								
	18. Persian Gulf (<u>not</u> between 2/8/90 & 4/9/91)								
	19. Rwanda								
	20. Sinai 1982-1986 & Sinai 1993 →								
	21. Solomon Islands								
ľ	22. Somalia 1994								
ľ	23. Southern Ocean								
ľ	24. Thailand								
ľ	25. Vietnam								
	26. Western Sahara								

Any other deployments overseas, please specify destination/s below. Do not include training exercises or goodwill visits (flying the flag).

27.				
28.				
29.				
30.				

D. DEPLOYMENTS

CHEMICAL & ENVIRONMENTAL EXPOSURES

D2. We would like to know about chemical or environmental contaminants that you may have been exposed to during the deployments you listed in Question D1.

INSTRUCTIONS: Please indicate whether or not you have experienced any of the activities and items, given below, during the deployments you listed at question D1. If YES, indicate whether it was experienced during your non-Gulf War deployments (section labeled 'Everyone'), and/or during your Gulf War deployment (section labeled 'GW Vets only'). Then estimate, for each section, how often you had the experience.

D2.		durin	Eve g non-Gu	eryone If War d		nents	duriı	GW ng the G	/ Vets d Gulf War		rment
					YES					YES	
	During the deployments you listed in question D1:	NO	DON'T KNOW		ow often Some times		NO	DON'T KNOW		low ofter Some times	
1.	Have you entered, or inspected, captured or destroyed enemy equipment including tanks?										
2.	Have you been in contact with depleted uranium shell casings? (e.g. from fired USA shells in close-in weapons systems (CIWS) or spent anti-tank shells)										
3.	Have you been in contact with wet CARC paint (Chemical Agent Resistive Coating) from freshly painted tracked vehicles or CARC paint containers?										
4.	On overseas operations/activities have you eaten locally sourced, military issue food?										
5.	On overseas operations/activities have you eaten locally sourced, non-military issue food? e.g. from local villagers.										
6.	On overseas operations/activities have you drunk water from local taps or wells?										
7.	Have you drunk water that looked or tasted like it had oil in it?										
8.	On overseas operations/activities have you swum or bathed in local lakes, rivers or the sea?										
9.	Have you showered in water with fuel in it (evident by visible oil film, smell or smarting eyes)?										
10.	Were you exposed to dust storms?										
11.	Were you exposed to intense smoke? e.g. from forest fires or burning oil										
12.	Did you do any refuelling?										
13.	Were you exposed to solvents? e.g. from cleaning or painting										
14.	Have you had solvents, oils, diesel or other fuel on your skin?										
15.	Have you been exposed to engine exhaust so that it irritated your eyes?										
16.	Did you use a sunscreen when outdoors?										
17.	Have you been bitten by flies, sand flies, fleas, mosquitoes or other insects?										
18.	Have you been stung or bitten by spiders, scorpions or other "bugs"?										
19.	Have you worn a flea collar?										
20.	Were your clothing or uniforms treated with pesticides?										
21.	Was your tent treated with pesticides?										
22.	Was your sleeping bag treated with pesticides?										
23.	Did you live or work an area that had been recently sprayed or fogged with a pesticide?										

D. DEPLOYMENTS

D3.	dı	uring non-	Everyor -Gulf War		ments	d		W Vets o Gulf War d		nent
				YES					YES	
During the deployments you listed in Question D1:	NO	DON'T KNOW			you there? les Often	NO	DON'T KNOW			ou there? es Often
a. Were you in an area where chemical warfare agents had probably been used?			, \downarrow (tick all that apply below)							
	lf Y	ΈS, ↓	, (tick all t	hat appl	y below)	lf Y	ES,	(tick all th	nat apply	/ below)
If No or Don't Know go to D4.	What chemical agents had been used? What chemical agents had been Nerve gas Nerve gas Mustard gas Mustard gas Other unknown Other unknown Other Other please specify please specify							l been u	ised?	
		nade you e agents			cal			think that had been ເ		al
	 I felt ill at the time Saw dead or affected animals Saw dead or affected people Chemical alarms went off I was told so Another reason, 						v dead or emical ala as told so other reas	affected a affected p arms went	people	5

D4.	du		Everyone Gulf War de		ents	GW Vets only during the Gulf War deployment						
				YES					YES			
During the deployments you listed in Question D1:	NO	NO DON'T KNOW How often did you use it? Rarely Sometimes Often Image: Construction of the state of the					DON'T KNOW			ou use it? es Often		
a. Did you use a respirator?												
	lf Y	ES, 🛉	(tick all tha	t apply	below)	lf YE	Ξ <i>S,</i>	(tick all the	at apply	v below)		
	Why d	id you us	e a respira	tor?		Why did you use a respirator?						
If No or Don't Know go to D5.	Small Small Che Biol Small	at storms oke from emical ala ogical ala oke fores other reas	arms at fires	es		□ Chen □ Biolo □ Smol		ms fires	3			
	please specify					please specify						

D5.	du		Everyone Gulf War de	eploym	ents	GW Vets only during the Gulf War deployment									
				YES					YES						
During the deployments you listed in Question D1:	NO	DON'T KNOW	How ofter Rarely So			NO	DON'T KNOW	How ofte Rarely So							
a. Did you use a chemical protective suit (NBC suit)?															
	lf Y	ES, 🕇	(tick all tha	t apply	below)	lf YE	below)								
	v	Vhy did y	ou use an N	IBC su	it?	Why did you use an NBC suit?									
lf No or Don't Know go to D6.	□ Sm □ Che □ Biol	st storms oke emical ala logical ala other reas	arms			🖵 Biolo		ms							
		please specify					please specify								

D6. a. During the deployments you listed in Question D1, were you ever issued with a personal insect repellant?

UYES

If YES please fill in the following table indicating which type of repellant and how often you used it.

	du		Everyone Gulf War d	e leploymen	ts	du		/ Vets c Gulf War	only deploymen	t
				YES					YES	
What was the personal insect repellant?	NO	DON'T KNOW		ten did you ι Sometimes		NO	DON'T KNOW		ften did you Sometimes	
1. Repellant MK1941, lotion, gel or cream										
2. Repellant sachet										
3. Miticide (DBP)										
4. Other (please name it)										

b. During the deployments you listed in Question D1, did you provide and use your own personal insect repellant (ie. non-military issue)

□ YES

If YES please fill in the following table indicating which type of repellant and how often you used it.

	Everyone during non-Gulf War deployments	GW Vets only during the Gulf War deployment
What was the personal insect repellant?	How often did you use it? rarely sometimes often	How often did you use it? rarely sometimes often
Please name it		

D7. During the deployments you listed in Question D1, did you ever apply pesticides including insecticides (but not including personal repellants) e.g. by spraying, fogging, laying bait etc? □ YES

If Yes, was it? (mark all those that apply)

Permethrin based Baygon (Propoxur, Aprocarb) Diazinon □ Temephos (Abate) Other, unknown type Other, called

Bendicarb (Ficam) □ Malathion (Maldison)

please specify

And please complete the following table about applying pesticides.

	D8.	dı		Everyon Gulf War		ents	dı		V Vets o Gulf War d	nly deployme	nt
					YES					YES	
Dio	d you ever?	NO	KNOW Rarely Sometimes Often				NO	DON'T KNOW		en did you Sometimes	
1.	Spray/fog an outdoor area e.g. for mosquitoes						٦				
2.	Spray/fog an indoor area e.g. for cockroaches										
3.	Spray your body (with pesticides, not personal repellants)										
4.	Spray your uniform or bedding?						٦				
5.	Lay bait as a solid or liquid e.g. rat poison										

GO TO QUESTION D9

POST DEPLOYMENT EXPERIENCES

D9. We would like to know about some of the experiences you may have had <u>after returning</u> from the deployments you told us about in question D1.

If you answered NO to question D1.a (no active deployments) please GO TO Section E

INSTRUCTIONS: Please indicate whether you have experienced any of the items listed below, as a result of having served in the deployments you listed at question D1. If YES, indicate whether it was related to non-Gulf War deployments (section labeled 'Everyone'), and/or during your Gulf War deployment (section labelled 'Gulf War Vets only'). Then estimate, for each section, whether you experienced the item <u>a little</u>, <u>somewhat</u> or <u>a lot</u>.

		After	Ever returning War dep			After	GW Ve returning War dep	, from tl	ne Gulf
	a result of having served in deployments	NO		YES		NO		YES	
	ed in question D1, have you experienced, or , any of the following?		H A little	low much Some	? A lot		H A little	ow much Some	A lot
1.	Greater self-pride?								
2.	Rewarded for a job well done?								
3.	A greater appreciation for your country?								
4.	Jealousy or resentfulness from other Defence Force members?								
5.	Lack of recognition, or acknowledgement, of the value or nature of your deployment activities by the ADF or by the Australian Government?								
6.	Inadequately debriefed following your deployment activities?								
7.	Improved as a leader?								
8.	Tougher, more confident or more self assured?								
9.	More knowledgeable of world issues?								
10.	Disillusioned by the destruction or hopelessness that you witnessed?								
11.	Valued and respected for your deployment activities?								
12.	Lack of recognition, or acknowledgement, of the value or nature of your deployment activities by the Australian people?								
13.	More appreciative of being alive?								
14.	More respectful of other Australian and allied veterans?								
15.	Well looked after by the ADF or the Australian Government?								
16.	Stronger bonds with the members of your ship/unit/squadron								
17.	Proud to be an Australian veteran?								

GO TO SECTION E

SECTION E: MILITARY SERVICE EXPOSURES (Everyone should answer this section)

E1. We would like to know about some of your experiences, during your ENTIRE military service, especially those experiences which may have been stressful or upsetting.

INSTRUCTIONS: Please indicate whether or not you were in contact with, or experienced, any of the items listed below, as part of your military service. If YES, indicate whether it was experienced during non-Gulf War service (section labeled 'Everyone), and/or during your Gulf War service (section labeled 'GW Vets only). Then estimate, for each section, how frequently you had the experience, and whether the experience made you feel unwell, stressed or uneasy.

				Everyc ion-Gulf	one War serv	ice					GW Vets the Gulf	s only War serv	ice	
As part of your military service have you been in contact with, or have you experienced,	NO		YES		make	id this ex you feel sed or u		NO		YES		make	lid this ex e you feel ssed or u	
any of the following?		Ho Rarely _{So}	w often? metimes	Often	No	YES mildly	YES strongly		Ho Rarely _{So}	ow often?	-	NO	YES mildly	YES strongly
 You were on a ship which suffered a collision or was otherwise damaged or sunk during deployment. 														
 Artillery, rockets, missiles, mines or something similar, exploded in the air, in the water or on the ground close to you. 														
3. You saw Defence personnel or civilians who were killed, dead, dying or maimed.														
 You made a leadership decision which you think resulted in the death or injury of someone. 														
 You have suffered ill-effects of extreme heat or extreme cold. 														
 You had to eat food or drink water contaminated with smoke, oil, sewerage or other chemical or biological agents. 														
 You had to work, dive or bathe in water contaminated with smoke, oil, sewerage or other chemical or biological agents. 														
 Operational rules of engagement prevented you from taking action which could protect you or others from harm. 														
 You experienced lack of leadership in your team, crew or unit. 														
10. You came under small arms fire.														
11. You handled, buried or exhumed human bodies.														

E1. continued				Everyc on-Gulf	one War servi	ce					W Vets the Gulf	s only War serv	ice	
As part of your military service have you been in contact with, or have you experienced,	NO		YES		make	d this ex you feel sed or ui		NO		YES		make	id this ex you feel ssed or u	
any of the following?		Ho Rarely _{So}	ow often?	Often	No	YES mildly	YES strongly		Ho Rarely _{So}	ow often? ometimes		NO	YES mildly	YES strongly
12. You encountered undetonated mines, including sea mines, or booby traps while on patrol or at your duty station.														
 You killed someone or think you might have killed someone. 														
14. Your supplies or equipment were inadequate, insufficient or faulty.														
15. You were deployed to a combat situation against your will.														
16. You were attacked by civilians, bandits or other local militia groups.														
17. You were sexually harassed.														
 You were responsible for detecting incoming attacks or for spotting land or sea-mines, where a mistake could place the lives of others at risk. 														
19. You were required to administer medical for which you were not adequately trained or equipped, eg. geriatrics, pediatrics, palliative care. (Answer NO if not applicable)														
20. You experienced a 'near miss' or 'very close call' incident where you were in iminent danger of being injured or killed.														
21. You were required to detonate, deactivate or otherwise handle live missiles, mines, bombs or other explosive devices.														
22. You handled or came into contact with POWs or displaced refugees.														
23. You had to board hostile vessels at sea.														
24. You had to decide who would receive life-saving medical care.														
25. You felt an overwhelming <u>in</u> ability to protect yourself or others from harm.														
26. You were in fear for your life.														

E1. continued			Everyc on-Gulf	one War serv	ice					W Vets	s only War serv	ice	
As part of your military service have you been in contact with, or have you experienced,	NO	YES		make	id this ex you feel sed or u		NO		YES		make	lid this ex you feel ssed or u	unwell,
any of the following?		ow often? ometimes	Often	No	YES mildly	YES strongly		Ho Rarely _{So}	ow often? ometimes		NO	YES mildly	YES strongly
27. You felt <u>not</u> sufficiently trained or prepared for military activities.													
28. You felt lack of togetherness or cohesion in your team or unit.													
29. You suffered burns or rashes on your skin as a result of exposure to oil or other chemicals in the air.													
30. You witnessed violent attacks on civilians including rape or other assaults.													
31. You were on formal alert for, or felt in threat of nuclear, biological or chemical agent attack.													
32. You were exposed to nuclear, biological or chemical warfare.													
33. You felt cut off or separated from family or significant others.													
34. You were on a ship or aircraft (including a helicopter) passing through hostile waters or air space.													
35. You sat with or cared for someone who was dying.													
36. You were in fear of artillery, missile, SCUD rocket or bomb attack.													
37. You had difficulty breathing as a result of exposure to oil, smoke, fumes, dust or other contaminants in the air.													
 You carried out your duties wearing NBC suits (not including training exercises). 													
39. You felt alienated from other military personnel around you.													
40. You felt overwhelmed by the level of destruction or devastation or disease around you.													
41. On board a ship you feared death, injury or entrapment below the waterline as a result of missile attack or hitting a sea-mine.													
42. You were required to live in squalid, unsanitary or disease- ridden conditions.													
43. You feared attack from bandits, rebels or other local militia groups.													
44. You sustained an injury that required medical treatment.													

SECTION F: CIVILIAN OCCUPATIONAL HISTORY (Everyone should answer this section)

F1. Have you ever been a CFA Volunteer? INO YES If YES, for how long <a><1 year <a>1-5 years <a>6-10 years <a>>10 years

 F2. Have you held any civilian jobs for more than 6 months?
 Image: YES GO TO Question F3
 Image: NO PLEASE GO TO SECTION G

F3. For every civilian job that you have held for six months or more, please complete the table below. Please start with your first civilian job and add new jobs in order. Please write in the year you started each civilian job, your job title, the duration of the job in years and months, the Industry, and the name of the Company or employer. Then indicate whether, as part of that job, you handled, worked with or were otherwise exposed to pesticides, fuels, engine exhaust, or solvents, and whether that job involved exposure to infectious diseases or trauma to others (such as violence, grief or death of others). An example is provided for you.

It may be useful to refer to your personal records, such as an old copy of a resume, to remind you about jobs which you may have forgotten.

	Year	Duration	Job Title	Industry Sector	Company/Employer			This job e	xposed me	to:		Office
	Started	in years & months				Pesticides	Fuels	Engine Exhaust	Solvents	Infectious diseases	Trauma	Only
e.g	1975	<u>4</u> yrs	Painter	Construction	Self-employed	🗅 Yes	🗅 Yes	🛛 Yes	⊠Yes	🗅 Yes	🗅 Yes	
Ŭ		<u>4</u> mo				⊠No	∕∠No	⊠No	🗆 No	⊠No	⊠No	
1		yrs				🖵 Yes		🗅 Yes	🛛 Yes	🛛 Yes	□ Yes	
		mo				🖵 No	🗆 No	🖵 No	🗆 No	🗆 No	🖵 No	
2		yrs				🖵 Yes	🗅 Yes	🗅 Yes	🗅 Yes	🗅 Yes	🗅 Yes	
		mo				🖵 No	🗆 No	🖵 No	🗆 No	🗆 No	🖵 No	
3		yrs				🖵 Yes	🛛 Yes	🖵 Yes	🖵 Yes	🛛 Yes	🖵 Yes	
		mo				🖵 No	🖵 No	🖵 No	🗆 No	🖵 No	🖵 No	
4		yrs				🖵 Yes	🛛 Yes	🖵 Yes	🖵 Yes	🖵 Yes	🖵 Yes	
		mo				🖵 No	🗆 No	🗆 No	🗆 No	🗆 No	🖵 No	
5		yrs				🖵 Yes	🛛 Yes	🖵 Yes	🖵 Yes	🛛 Yes	🖵 Yes	
		mo				🖵 No	🗆 No	🖵 No	🖵 No	🖵 No	🖵 No	
6		yrs				🖵 Yes	🗅 Yes	🗅 Yes	🖵 Yes	🛛 Yes	□ Yes	
		mo				🖵 No	🗆 No	🖵 No	🖵 No	🖵 No	🖵 No	
7		yrs				🖵 Yes	🖵 Yes	🖵 Yes	🖵 Yes	🖵 Yes	🖵 Yes	
		mo				🖵 No	🖵 No	🖵 No	🖵 No	🖵 No	🖵 No	
8		yrs				🖵 Yes	🗆 Yes	□ Yes	🖵 Yes	□ Yes	□ Yes	
		mo				🖵 No	🖵 No	🖵 No	🖵 No	🖵 No	🖵 No	

	Year	Duration	Job Title	Industry Sector	Company/Employer			This job e	xposed me	to:		Office
	Started	in years & months		-		Pesticides	Fuels	Engine Exhaust	Solvents	Infectious diseases	Trauma	Only
9		yrs				□ Yes	🗅 Yes	🛛 Yes	🛛 Yes	🗅 Yes	🗅 Yes	
		mo				🖵 No	🗆 No	🖵 No	🗆 No	🗆 No	🖵 No	
10		yrs				🗅 Yes	🗅 Yes	🗅 Yes	🗅 Yes	🗅 Yes	❑ Yes	
		mo				🖵 No	🗆 No	🗆 No	🗆 No	🗆 No	🖵 No	
11		yrs				🖵 Yes	🗅 Yes	🛛 Yes	🖵 Yes	🗅 Yes	❑ Yes	
		mo				🖵 No	🖵 No	🖵 No	🗆 No	🖵 No	🖵 No	
12		yrs				🗅 Yes	🗅 Yes	🗅 Yes	🗅 Yes	🗅 Yes	❑ Yes	
		mo				🖵 No	🖵 No	🖵 No	🗆 No	🖵 No	🖵 No	
13		yrs				🗅 Yes	🗅 Yes	🗅 Yes	🗅 Yes	🗅 Yes	❑ Yes	
		mo				🖵 No	🗆 No	🗆 No	🗆 No	🗆 No	🖵 No	
14		yrs				🖵 Yes	🗅 Yes	🛛 Yes	🗅 Yes	🗅 Yes	□ Yes	
		^{mo}				🗆 No	🗆 No	🗆 No	🗆 No	🗆 No	🖵 No	

If you answered YES to pesticide exposure in the Table at F3, please answer question F4. If NO to pesticide exposure GO TO SECTION G.

F4. Please list the job number from the table at F3, the pesticides which you were exposed to and tell us the activity that led to exposure.

Job Number	Pesticide	Activity leading to Exposure		
e.g. 4	Sheep díp, (Organophosphate type)	Mixing dip, Dipping sheep		

Well done - you are half way there!

Keep up the good work.

Remember, the Study team is available on 1800 062 534 if you are unsure about how to complete any section of this questionnaire. Please call any time Monday to Friday during business hours. **SECTION G: YOUR HEALTH IN GENERAL** (Everyone should answer this section)

G1. In general, would you say your health is: D Poor **Excellent** Very good Good 🖵 Fair G2. The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? No, Not Yes, Yes, Limited Limited Limited a Lot a Little at All a. Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf b. Climbing several flights of stairs G3. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health? a. Accomplished less than you would like Were limited in the **kind** of work or other activities **YES** b. G4. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? Accomplished less than you would like a. Didn't do work or other activities as **carefully** as usual b. During the past 4 weeks, how much did pain interfere with your normal work G5. (including both work outside the home and housework)? Not at all A little bit Moderately **Quite a bit** □ Extremely G6. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks. A Good All of the Most of Some of A Little of None of Bit of Time the Time the Time the Time the Time the Time a. Have you felt calm and peaceful?

b. Did you have a lot of energy? c. Have you felt downhearted and blue?

G7. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)?

All of the	Most of the	Some of the	A little of the	None of the
Time	Time	Time	Time	Time

SECTION G: YOUR HEALTH IN GENERAL continued

We would like to know how you have been feeling **over the past few weeks**. *Please tick the box that most closely describes your experience for each question*

G8.	, , , , , , ,					
	Better than usual	Same as usual	Less than usual	Much less than usual		
G9.						
	Not at all	No more than usual	Rather more than usual	Much more than usual		
G10.			ng a useful part in things?			
	More so than usual	Same as usual	Less useful than usual	Much less useful		
G11.	• •		decisions about things?			
	More so than usual	Same as usual	Less so than usual	Much less capable		
G12.	Have you recently	felt constantly under s	strain?			
	Not at all	No more than usual	Rather more than usual	Much more than usual		
G13.			come your difficulties?			
	Not at all	No more than usual	Rather more than usual	Much more than usual		
G14.	• •		ur normal day-to-day activ	vities?		
	More so than usual	Same as usual	Less so than usual	Much less than usual		
G15.	• •	been able to face up to				
	More so than usual	Same as usual	Less able than usual	Much less able		
G16.		been feeling unhappy	_ •	_		
	Not at all	No more than usual	Rather more than usual	Much more than usual		
G17.	• •	been losing confidenc	-			
	Not at all	No more than usual	Rather more than usual	Much more than usual		
G18.	• •		self as a worthless perso			
	Not at all	No more than usual	Rather more than usual	Much more than usual		
G19.	• •	•	le happy, all things cons			
	More so than usual	About same as usual	Less so than usual	Much less than usual		

G20. RECENT HEALTH SYMPTOMS

We would like to know about your health in the **PAST MONTH**.

Please indicate whether or not you have suffered any of the following symptoms in the PAST MONTH, and if so, please indicate whether your symptoms were mild, moderate or severe in nature.

In the past month have you suffered from	NO Not at all	YES Mild Moderate Severe		
1. Chest pain				
2. Headaches				
3. Rapid or pounding heart beat				
4. Irritability / outbursts of anger				
5. Shortness of breath				
6. Wheezing				
7. Sleeping difficulties				
8. Feeling jumpy / easily startled				
9. Feeling unrefreshed after sleep				
10. Fatigue				
11. Double vision				
12. Intolerance to alcohol				
13. Itchy or painful eyes				
14. Rash or skin irritation				
15. Skin infections e.g. boils				
16. Skin ulcers				
17. Shaking				
18. Tingling or burning sensation in hands or feet				
19. Loss of sensation in hands or feet				
20. Feeling distant or cut off from others				
21. Constipation		٦		
22. Flatulence or burping				
23. Stomach cramps				
24. Diarrhoea				
25. Indigestion				
26. Dry mouth				
27. Mouth ulcers				
28. Toothache				
29. Persistent cough				

In the past month have you suffered from	NO		YES	
	Not at all	Mild	Moderate	Severe
30. Lump in throat				
31. Sore throat				
32. Forgetfulness				
33. Dizziness, fainting or blackouts				
34. Seizures or convulsions			ū	
35. Feeling disorientated				
36. Loss of concentration				
37. Difficulty finding the right word				
38. Pain on passing urine				
39. Passing urine more often				
40. Loss of control over bladder or bowels				
41. Burning sensation in the sex organs				
42. Loss of interest in sex				
43. Problems with sexual functioning				
44. Increased sensitivity to noise				
45. Increased sensitivity to light				
46. Increased sensitivity to smells or odours				
47. Ringing in the ears				
48. Avoiding doing things or situations				
49. Pain, without swelling or redness, in several joints				
50. Stiffness in several joints				
51. General muscle aches or pains				
52. Loss of balance or coordination				
53. Difficulty speaking				
54. Low back pain				
55. Night sweats which soak the bed sheets				
56. Feeling feverish				
57. Tender or painful swelling of lymph glands in neck, armpit or groin				
58. Loss of, or decrease in, appetite				
59. Nausea				
60. Vomiting				
61. Distressing dreams				
62. Unintended weight gain greater than 4kg				
63. Unintended weight loss greater than 4kg				

G20. RECENT HEALTH SYMPTOMS continued

G20. RECENT HEALTH SYMPTOMS continued

Please indicate whether or not you have experienced any of the following symptoms in the **PAST MONTH**.

In the past month have you experienced	NO	YES
64. Difficulty lifting objects above your head, or from a high shelf		
65. Difficulty undoing buttons		
66. Difficulty turning doorknobs or unscrewing jars		
67. Difficulty getting up from sitting in a chair or couch without the use of your arms		
68. Problems with tripping, or your feet slapping, while walking		
69. Difficulty recognising hot from cold water		
70. Difficulty feeling pain, cuts or injuries		
71. Feeling unsteady walking on uneven ground		
72. Feeling unsteady walking in the dark		
73. Feeling like you may fall over because of your unsteadiness		
74. Numbness, 'asleep feeling' or prickling sensation in your hands or arms		
75. Numbness, 'asleep feeling' or prickling sensation in your feet or legs		
76. Burning, deep aching pain or tenderness in your hands or arms		
77. Burning, deep aching pain or tenderness in your feet or legs		
78. Unusual sensitivity or tenderness of your skin when clothes or bedclothes rub against you		
79. Feeling like you will faint, or fainting, when you stand up from a lying or sitting position		
80. Difficulty swallowing food (more than occasionally)		

G21. DIAGNOSED OR TREATED MEDICAL CONDITIONS

We would like to know whether a medical doctor has ever <u>diagnosed you with</u>, or <u>treated</u> <u>you for</u>, any of the following medical problems or conditions.

If YES, please indicate the year you were first diagnosed, and whether you have been treated by a medical doctor for this condition in the past year.

Has a medical doctor ever diagnosed you			lf	Office	
with, or treated you for any of the following medical problems or conditions?	NO	YES	<u>Year</u> first diagnosed	Treated by a doctor in the past year	only
1. High blood pressure			<u> </u>	🗆 NO 🗳 YES	
2. Heart disease or condition				INO IYES	
3. Stroke			<u> </u>	🗆 NO 🗳 YES	
4. Epilepsy			<u> </u>	INO IYES	
5. Migraines			<u> </u>	🗆 NO 🗳 YES	
6. Motor neurone disease			<u> </u>	INO YES	
7. Multiple sclerosis				🗆 NO 🗳 YES	
8. Asthma				🗆 NO 🗳 YES	
9. Bronchitis			<u> </u>	🗆 NO 🗳 YES	
10. Pneumonia				INO IYES	
11. Tuberculosis (TB)				🗆 NO 🗳 YES	
12. Other lung disease, e.g. emphysema				INO IYES	
13. Stomach or duodenal ulcers				🗆 NO 🗳 YES	
14. Colitis / Crohn's disease				🗆 NO 🗳 YES	
15. Hepatitis or yellow jaundice				INO YES	
16. Cirrhosis of the liver				INO IYES	
17. Bowel disorder e.g. diarrhoea, constipation, bleeding				INO YES	
18. Irritable bowel syndrome			<u> </u>	INO IYES	
19. Kidney disease e.g. stones, infection, bleeding				INO YES	
20. Bladder disease e.g. infection, bleeding			<u> </u>	□ NO □ YES	
21. Incontinence or difficulty passing urine			<u> </u>	🗆 NO 🗳 YES	
22. Diabetes				🗆 NO 🗳 YES	
23. A thyroid problem			<u> </u>	🗆 NO 🗳 YES	
24. Blood disorder; e.g. anaemia				INO IYES	
25. Malaria					
26. Any significant infections e.g. hepatitis, HIV, pneumonia, glandular fever, leishmaniasis				DNO DYES	
27. Arthritis or rheumatism				INO YES	
28. Fibrositis or fibromyalgia				🗆 NO 🖾 YES	
29. Back or neck problems				INO YES	

Has a medical doctor ever diagnosed you			lf	Office	
with, or treated you for any of the following medical problems or conditions?	NO	YES	<u>Year</u> first diagnosed	Treated by a doctor in the past year	only
30. Joint problems				□ NO □ YES	
31. Eye or vision problems e.g. glaucoma			<u> </u>	□ NO □ YES	
32. Sinus problems				□ NO □ YES	
33. Ear infection				□ NO □ YES	
34. Hearing loss				□ NO □ YES	
35. Dermatitis				□ NO □ YES	
36. Eczema				🗆 NO 🖾 YES	
37. Psoriasis				🗆 NO 🗳 YES	
38. Malignant melanoma				🗆 NO 🗳 YES	
39. Other skin cancer e.g. squamous cell or basal cell skin cancers				INO YES	
40. Any other kind of cancer, tumour or malignancy (please specify type)				NO YES	
41. Any other skin problem					
42. Any disease of the hair or scalp, including hair loss				INO IYES	
43. Chronic Fatigue Syndrome				I NO I YES	
44. Alcohol abuse or dependency				INO YES	
45. Drug abuse or dependency				INO YES	
46. Anxiety, stress or depression				INO YES	
47. Post Traumatic Stress Disorder				INO YES	
48. Other psychiatric or psychological condition needing treatment or counseling (please specify type)				NO YES	
49. Sleep apnoea			·		
50. Narcolepsy				□ NO □ YES	
51. Hayfever				□ NO □ YES	
52. Yeast disease or candidiasis				INO IYES	
53. Multiple chemical sensitivity or environmental illness				NO YES	
54. Sick building syndrome				NO YES	
55. Food allergy				NO YES	
56. Any disease of the genital organs				NO YES	
57. Low fertility				NO YES	
58. Sexual problems				NO YES	

G21 cont... WOMEN ONLY:

Has a medical doctor ever diagnosed			If YES		Office
you with, or treated you for any of the following medical problems or conditions?	NO	YES	<u>Year</u> first diagnosed	Treated by a doctor in the past year	only
59. Premenstrual tension				I NO I YES	
60. Period problems				INO YES	
61. Miscarriages				NO YES	

EVERYONE COMPLETE THE NEXT QUESTIONS:

G22. Apart from those listed in the table at G21, are there any <u>other</u> medical problems or conditions which a medical doctor has diagnosed you with, or treated you for?

🗆 NO 🗳 YES

If YES, please complete the following table indicating which condition/s, what year were you first diagnosed, and have you been treated for that condition by a medical doctor in the past year?

G10a. Which condition	Year first diagnosed	Treated by a doctor in the past year	Office only
		🗆 NO 🗳 YES	
		🗆 NO 🗳 YES	
		INO YES	
		NO YES	

G23. <u>During the past twelve months</u> have you been hospitalised overnight or longer because of illness or injury?

□ NO □ YES

If YES, please specify <u>why</u> and for <u>how many days</u> :						
1 st hospitalisation in past 12 months	days Why?					
2 nd hospitalisation in past 12 months	days Why?					
3 rd hospitalisation in past 12 months	days Why?					
4 th hospitalisation in past 12 months	days Why?					

G24. Thinking back over the past <u>two weeks</u>, did you stay in bed or at home all or part of any day because you did not feel well or as a result of illnesses or injury?

🗆 NO 🗳 YES

MEDICATIONS

NO

G25. Have you EVER had an allergic reaction to any medication?

□ NO □ YES If YES, which medications:

G26. Are you CURRENTLY taking any medicines including tablets, creams, inhalers, or other drugs?

□ YES		
If YES, what kind: Itablets	please name them	
creams	please name them	
□ inhalers	please name them	
other drugs	please name them	

FAMILY HISTORY

G27. Has anyone in your immediate family (that is your parents, brothers, sisters or grandparents) had a history of:

a. Asthma?	🗆 NO	YES
b. A stroke when they were less than 65 years of age?	🗆 NO	YES
c. A heart attack when they were less than 65 years of age?	🗆 NO	YES
d. Diabetes?	🗆 NO	YES
e. Cancer?	🗆 NO	YES

If YES to cancer at G27e, please complete the following table, indicating the relationship of the family member to you, the type of cancer and the family member's age at diagnosis. If NO, go to question G28.

Relationship of family member to you	Type of cancer	Age at diagnosis	
Example: father	bowel	55 yrs	

SMOKING & ALCOHOL

G28. Over your lifetime, would you have smoked as much as 100 cigarettes or a similar amount of tobacco?

G29. Do you currently smoke as much as one cigarette per day (or 1 cigar per week or 1 ounce of tobacco per month)?

If YES	a. How old were you when you started smoking as much as one cigarette per day (or 1 cigar per week or 1 ounce of tobacco per month)?
	Age in years
	b. What is the average number of cigarettes per day, grams of tobacco per day and/or number of cigars per week that you currently smoke?
	cigarettes per day
	grams of tobacco per day (donít include tobacco from cigarettes or cigars)
	cigars per <u>week</u>

If NO to G29 answer G30. If YES to G29 go to question G31 next page

G30. Have you ever smoked as much as one cigarette per day (or 1 cigar per week or 1 ounce of tobacco per month)?

If YES: a. How old were you when you started smoking as much as one cigarette per day (or 1 cigar per week or 1 ounce of tobacco per month)?

Age in years

b. How old were you when you stopped smoking as much as one cigarette per day (or 1 cigar per week or 1 ounce of tobacco per month)?

Age in years

c. What was the average number of cigarettes per day, grams of tobacco per day and/or number of cigars per week that you smoked?

_____ cigarettes per day

grams of tobacco per day (donít include tobacco from cigarettes or cigars)

_____ cigars per <u>week</u>

GO TO question G31.

G31. How often do you have a drink containing alcohol?

Never	Once a month	🖵 2 to 4 times a	🖵 2 to 3 times a	4 or more times
	or less	month	week	a week

If Never, GO TO QUESTION G41.

In answering the following questions, please remember that a standard drink contains 10g of pure alcohol

Each of these is a standard drink:	1 Middy/Pot of Standard Beer	1 Glass of Wine	1 Glass of Sherry or Port	1 Nip of Spirits
G32. How many 'standard' drinks (see above) containing alcohol do you have on a typical day when you are drinking?				
🖵 1 or 2	□ 3 or 4	🖵 5 or 6	🖵 7 to 9	10 or more
G33. How often de	o you have six or m	ore drinks on one o	occasion?	
Never	Less than once a month	Monthly	Weekly	Daily or almost daily
	uring the last 3 mon e you had started?	ths have you found	I that you were not	able to stop
Never	Less than once a month	Monthly	Weekly	Daily or almost daily
	uring the last 3 mon m you because of c		to do what was no	rmally
❑ Never	Less than once a month	Monthly	Weekly	Daily or almost daily
	uring the last 3 mon ng after a heavy drii		ed a drink in the mo	orning to get
C Never	Less than once a month	G Monthly	Weekly	Daily or almost daily
G37. How often du drinking?	uring the last 3 mon	ths have you had a	feeling of guilt or I	remorse after
Never	Less than once a month	Monthly	Weekly	Daily or almost daily
	uring the last 3 mon e night before beca			er what
	Less than once a month			Daily or almost daily
•	someone else been	•		
🗆 No 🛛	Yes, but not in the la	st 3 months	Yes, during the I	ast 3 months
G40. Has a relative, a friend, a doctor or other health professional been concerned about your drinking or suggested you cut down?				
-	Yes, but not in the la		Yes, during the I	ast 3 months

LIFE EXPERIENCES

Below is a list of problems and complaints that people sometimes have in response to stressful life experiences.

Please consider the event or group of events, military or non-military, in your life that you found <u>most</u> stressful or upsetting. Read the list of problems and complaints below and indicate <u>how</u> <u>much you have been bothered by each problem or complaint</u> **in the past month** in relation to that stressful experience.

G41a. The event, or group of events, you experienced was ______ in _____ in _____

				Event	/s	year
(G41b. As a result of that/those events have you had:	Not at all	A little bit	Moderately	Quite a bit	Extremely
1.	Repeated, disturbing <i>memories, thoughts</i> or <i>images</i> of the stressful experience?	٦				
2.	Repeated, disturbing <i>dreams</i> of the stressful experience?					
3.	Suddenly <i>acting</i> or <i>feeling</i> as if the stressful experience <i>were happening again</i> (as if you were reliving it)?					
4.	Feeling very upset when something reminded you of the stressful experience?					
5.	Having <i>physical reactions</i> (eg heart pounding, trouble breathing, sweating) when <i>something reminded you</i> of the stressful experience?					
6.	Avoiding <i>thinking about or talking about</i> the stressful experience or avoiding <i>having feelings</i> related to it?					
7.	Avoiding <i>activities or situations</i> because <i>they reminded you</i> of the stressful experience?					
8.	Trouble <i>remembering important parts</i> of the stressful experience?					
9.	<i>Loss of interest</i> in activities that you used to enjoy?					
10.	Feeling <i>distant or cut off</i> from other people?					
11.	Feeling <i>emotionally numb</i> or being unable to have loving feelings for those close to you?					
12.	Feeling as if your <i>future</i> somehow will be <i>cut short</i> ?					
13.	Trouble falling or staying asleep?					
14.	Feeling <i>irritable</i> or having <i>angry</i> outbursts?					
15.	Having difficulty concentrating?					
16.	Being " <i>super alert</i> " or watchful or on guard?					
17.	Feeling jumpy or easily startled?					

YOUR CHILDREN'S HEALTH AND YOUR PREGNANCY HISTORY (including your partner's)

We would now like to ask you some questions about your pregnancy history (if you are female) or that of your spouse/partner/s (if you are male). You may need to refer to your spouse/partner/s, or to your Child Health Record, to assist you in answering these questions. Your answers to these questions will help us compare your experience with information held in Australian National Registries, as well as the experiences of military personnel and their families as a whole.

G42. How many times have you EVER been pregnant or fathered a pregnancy?

_____ times

please specify

If your answer to G42 is zero (0) please GO TO G47. If one or more, proceed with G43.

G43. Have any of these pregnancies resulted in:

a miscarriage	D NO	L YES
a still birth	D NO	YES
a termination of pregnancy	🗆 NO	🗅 YES

G44. If you answered YES in question G43, please provide additional information, if known, about <u>those</u> particular pregnancies in the following table.

If you answered NO, please GO TO G45.

PREGNANCY EVENT	1 st pregnancy	2 nd pregnancy	3 rd pregnancy	4 th pregnancy	5 th pregnancy
Miscarriage					
Still birth					
Termination					
Date of the event	//	/_/	//	/_/	//
Hospital name					
Hospital State					
Known cause of the event or physical problem, if any					
Baby's sex	❑ Male ❑ Female ❑ Not known	□ Male □ Female □ Not known	❑ Male ❑ Female ❑ Not known	□ Male □ Female □ Not known	❑ Male ❑ Female ❑ Not known
Mother's full name at the time					
Mother's postcode at the time					
Mother's date of birth	/_/	/_/	/_/	/_/	//
	Not known	🗅 Not known	Not known	🗅 Not known	Not known

G45a. For all of your live born children, please list their name, date of birth, sex, and birth weight (if known) and number of weeks the baby was when it was born. (Nb. Full term is 40 weeks).

	1 st child	2 nd child	3 rd child	4 th child	5 th child
Child's full name					
Date of birth	/ /	/ /	/ /	/ /	/ /
Sex	□ Male □ Female				
Birth weight If known	grams or lbs oz ❑ Not known	grams or lbs oz ❑ Not known	grams or lbs oz ❑ Not known	grams or lbs oz ❑ Not known	grams or lbs oz ❑ Not known
Number of weeks pregnant when baby was born (if known)	weeks ❑ Not known				

G45b. Have any of these children died, had a cancer, birth defect, or other serious health problem?

NO Go to question G46

YES Please complete the rest of the table below, keeping the information in the corresponding column for the child or children above

Cancers?					
Galicers					
	specify type				
Birth defects or chromosomal abnormalities?	□ NO □ YES				
	specify type				
Other serious health problems?	NO YES				
	specify type				
Has any child died?				NO YES	
	specify date				
	specify cause of death				
Name of Hospital of birth					
Hospital State					
Mother's full name at the time of birth					
Mother's postcode at the time of birth			□ Not known	□ Not known	 □ Not known
Mother's date of birth	/_/ □ Not known	/_/ □ Not known	// □ Not known	/_/ D Not known	/_/ □ Not known

G46. Have any of your pregnancies or births involved twins or multiple births?

■ NO
If YES describe which ones from the tables at G44 and G45. example: Table G45, 2nd child and 3rd child are twins.

G47. Have you and your partner ever experienced difficulties getting pregnant despite trying for at least 12 months?

□ NO	□ YES
	If YES:
	a. What year did those difficulties getting pregnant begin?
	year
	b. Have you sought or undertaken infertility treatment?
	c. If YES, was there any cause for your infertility found?
	□ NO □ YES please specify
	d. Have you managed to get pregnant or father a pregnancy since then?
	□ NO □ YES → Which year?
	GO TO SECTION H.

Section H. FINAL QUESTIONS

As a check of our coverage in this questionnaire, please answer these final questions.

H1. Are there <u>other important</u> military experiences or exposures we have not asked you about?

NO VES If YES, please give details in the space provided here.

H2. Are there other important health concerns we have not asked you about?

NO YES If YES, please give details in the space provided here.

H3. Do you have any additional comments you would like to add?

NO YES If YES, please give details in the space provided here or on additional pages.

SECTION I: CONTACT DETAILS

Note: to ensure confidentiality of your information, this page will be removed by the Study team and stored separately from the rest of the questionnaire.

Please fill in details of your current name

Surname	
All given names	
Your preferred given name	

If you have ever changed your name please provide details here.

Previous surname	
Given names if different	
Years used (start/end)	to
Other previous surname	
Other given names	
Years used (start/end)	to

Please give your current address, telephone contact numbers and email address (if applicable)

Street number or PO Box		
Street		
Suburb/Town		
State	Postcode	
Phone numbers		Email address/es
Home	Home	
Work	Work	
Mobile		

ALTERNATIVE CONTACT DETAILS

INSTRUCTIONS: In case you move and we lose contact with you, please give us the names of up to two relatives or friends who may be able to tell us where you are. These should be people who are at long-term addresses but who are <u>not living with you</u>. We would only use these alternative contacts in the event that we could not contact you at the address you have provided on the previous page.

FIRST ALTERNATIVE CONTACT

Surname	
Given names	
Street number	
Street	
Suburb/Town	
State	Postcode
Phone no/s	

SECOND ALTERNATIVE CONTACT

Surname	
Given names	
Street number	
Street	
Suburb/Town	
State	Postcode
Phone no/s	

SECTION J: NOMINATED MEDICAL PRACTITIONER

Upon completion of your medical assessments, at Health Services Australia, a summary of your results will be sent to you. This will include results of the blood tests and results of various tests of physical and mental functioning.

If Health Services Australia find a condition that requires further medical follow up or investigation, it is very important that they forward that information to an appropriate medical practitioner.

The Study team invites you to nominate a personal medical practitioner or general practitioner to whom we can send a second copy of your results.

If you do not have a personal medical practitioner or some other local practitioner who you care to nominate, OR if you only have an Australian Defence Force medical practitioner to whom you do <u>not</u> wish results to go, Health Services Australia will send you a copy of your results as usual.

If you would like to nominate a medical practitioner, to receive a copy of your medical assessment results, please write their contact details here and sign the consent box below; providing Health Services Australia with your permission that they forward a second copy of your results to the nominated person.

I wish to nominate a medical prac	titioner .		□ NO
Medical practitioner's name			
Name of the medical practice (business name)			
Street number			
Street			
Suburb/Town			
State		Postcode	9
Phone no/s			

I give my consent for Health Services	Australia to send a copy	of my medical
examination results, collected for the purpose	se of the Gulf War Veterans	Health Study, to
the practitioner whom I have nominated abo	ve.	
		/
Name	Signature	Date

5. Medical Examination Data Collection Booklet

STUDY NUMBER



GULF WAR VETERANS' HEALTH STUDY

PARTICIPANT QUESTIONNAIRE

OFFICE USE ONLY			
PRE EXAM.			
POST EXAM			

INFORMED CONSENT STATEMENT

Gulf War Veterans Health Study

I agree to take part in the Gulf War Veterans Health Study. I have had the aims of the project, and the procedures therein, satisfactorily explained to me and I have had the opportunity to read and ask questions arising from the Explanatory Statement. In signing this consent form I am declaring the following:

1	I have read and understand the information about the Study and have had explained to me the aims of this research project, and the procedures in which I will be involved.				
	I understand that I will need to devote time to completing the various parts of the study including a self-administered questionnaire and a medical examination.				
	I understand that I will have blood taken for testing.				
	I understand that there are some inconveniences and risks involved in participation including potential emotional distress, associated with answering questions about my Service or life experiences, and mild discomfort associated with procedures such as skin testing, fitness testing, breathing tests and blood sampling.				
	I understand that I am participating in this project in a voluntary capacity and that I can withdraw at any time. This withdrawal will be without penalty or detriment to career or hindrance to future medical care.				
	I understand that if any medical condition, requiring further investigation or treatment, is found as a result of the medical examination, the appropriate feedback will be provided to me or to my nominated medical practitioner.				
	I am co-operating in this project on condition that:				
	the information I provide and results of my assessments will be kept confidential and only				
	 used for this project. the research reports will be made available to me at my request and any published reports of this study will preserve my anonymity 				
2	I agree that a sample of my blood serum may be stored indefinitely for potential and further medical research. This serum can not be used for any such purpose without my further specific written consent.				
3	I agree that the researchers may check the records of the National Cancer Registry and National Childhood Malformations Registry against information I provide about my childrens' health.				
4	I agree that the researchers may check my name against the exposition of the National Cancer Registry and National Deaths Registry.				
5	I also agree that the researchers may obtain my Australian Defence Force medical record.				
l con	isent to all of the above poists 1 to 5.				
	HSA Witness				
Signe	ed				
OR					
I con	isent to all of the above points except number/s (please specify).				
	HSA Witness				
Signe	ed Signed				

EMERGENCY CONTACT PERSON

FIRST NAME:
SURNAME:
PHONE:(Home)
(Work)
(Mobile)
Relationship (eg. spouse/parent/friend)

NURSES DATA COLLECTION

NURSE ADMINISTERED DATA COLLECTION INTERVIEWER CODE DATE Day Month /ear HEIGHT cm Does this person have a pacemaker? YES NO If yes, please do not use Tanita scales; specify other type ____ WEIGHT kilograms HIP cm WAIST cm BLOOD PRESSURE (Right arm) □ left arm needed to be used Smoked in the previous hour? YES NO Caffeine in the previous hour? YES NO Systolic 1 2 Diastolic VISUAL ACUITY (corrected) R

SYMPTOMS OF TIREDNESS OR FATIGUE (T cell subset test selection)

1.	In the past 12 months, have you experienced extreme tiredness or fatigue following your normal activities?	□ NO	L YES
	If YES, go to Question 2 If NO, go to Question 3	NO	1L0
2.	In the past 12 months, have you felt extremely tired or fatigued following your normal activities every day, or almost every day, for <u>one month or longer</u> ?	□ NO	L YES
	If YES, go to instructions below If NO, proceed to take blood and order routine blood tests only (not T cell subsets)		
3.	Has a medical doctor <u>ever</u> diagnosed you with, or treated you for, Chronic Fatigue Syndrome?	□ NO	L YES
	If YES, proceed to take blood and order routine blood tests only (not T cell subsets)	NU	1L3

INSTRUCTIONS:

If YES to Questions 1 and 2

If NO, see instructions below

- 1. Record this person as a "CASE" in the "Log Sheet for Symptoms of Tiredness or Fatigue"
- 2. Take blood for, and order, T cell subsets in addition to routine blood tests
- 3. Look out for the next person who answers "NO" to both Questions 1 and 3 (see below)

If NO to Questions 1 and 3

- 1. Check the "Log Sheet for Symptoms of Tiredness or Fatigue"
- 2. If there is a "CASE" recorded that does not have a corresponding "CONTROL", record this person as a "CONTROL" and take blood for, and order, T cell subsets in addition to routine blood tests
- 3. If all "CASES" recorded in the "Log Sheet" already have a corresponding "CONTROL", proceed to take the blood and order routine blood tests <u>only</u>

BLOOD SAMPLING.

Collect blood samples and complete data collection boxes below.

Have all routine blood samples been taken?

	YES	Time	eg. 08	00
❑ form)	NO	Refused to give sample for in	ndefinite	storage (as per section 2 on consent
	NO	Refused all blood sampling		
	NO	Another reason		
			specify v	why
Have 7	r cell si	ubsets been ordered?		YES, as a case
				YES, as a control
				NO, not a case or control

INSTRUCTIONS: Administer skin test now, and proceed with asking respiratory questions

RESPIRATORY QUESTIONS

Wheeze and tightness in the chest

1.	 Have you had wheezing or whistling in your chest at any time in the last <u>12 months</u>? 			Yes	No 🖵
lf I	If NO to this question If YES t		f YES to this ↓	questic	n
		1.1 Have you been at all breathless when the wheezing noise was present?		Yes □	No 🖵
		1.2 Have you had this wheezing or whistling whe did not have a cold?	n you	Yes □	No 🗖
	,				

2.	Have you woken up with a feeling of tightness in	Yes	No
	your chest at any time in the last <u>12 months</u> ?		

Shortness of breath

3.	Have you had an <u>attack</u> of shortness of breath that came on during the day when you were AT REST at any time in the last <u>12 months</u> ?	Yes	No
4.	Have you had an attack of shortness of breath that came on FOLLOWING strenuous activity at any time in the last <u>12 months</u> ?	Yes □	No 🗖

5.	Have you been woken by an attack of shortness of	Yes	No
	breath at any time in the last <u>12 months</u> ?		

If NO to this question If YES to this question 5.1 Have you been woken by an attack of shortness Yes No of breath in the past 3 months? 5.1.1 If YES, have you been woken by an attack of Yes No shortness of breath at least once a week? 5.1.2 If YES, how many times a week are you, on average,

woken by an attack of shortness of breath?

Times per week

Cough and phlegm from the chest

6.		been woken by an attack of coughing at n the last 12 months?	Yes □	No □
7.		sually cough first thing in the morning (or if on night shift)?	Yes	No L
	7.1	Do you usually cough first thing in the morning in the winter?	Yes	No L
8.	Do you <u>us</u>	sually cough during the day or at night?	Yes	No
	8.1	Do you usually cough during the day, or at night in the winter?	Yes	No □

If NO to all of these questions

If YES to <u>any of these</u> questions \bot

▼		
9. Would you have coughed like this for as much as	Yes	No
3 months in each of the past 2 years?	L	L

		ou usually bring up any phlegm from your t first thing in the morning in winter?		Yes □	No □
If NO to this question If N		If YES to this ↓	questic	on	
		10.1 Do you usually bring up phlegm from your chest first thing in the morning in summer, spring and/or autumn?		Yes	No
		10.2 If YES, which seasons? Choose all that apply		□ Sur □ Spr □ Aut	ring

11. Do you usually bring up any phlegm from your chest during the day, or at night in the winter?			Yes	No L
If NO to	this question	If YES to this ↓	questio	on
	11.1 If YES, have you bought up phlegm like thi most days for as much as 3 months of a year for at least 2 successive years?	s on	Yes □	No □

Breathing

12. Do you ever have trouble with your breathing?	Yes No
If NO to this question If N	YES to this question ↓
12.1 Do you have this trouble (choose one) continuously so that your breathing is repeatedly, but it always gets complete complete and complete	
only rarely?	
13. Are you disabled from walking by a conditionYes	

13. Are you disabled from walking by a condition other than heart or lung disease?	Yes	No L
If YES, what condition?		

14. Are you troubled by shortness of breath when hurrying on level ground or walking up a slight hill?				Yes	No D
lf N	O to	this question	If YES to this ↓	questic	on
		14.1 Do you get short of breath walking with othe people of your own age on level ground?	er	Yes □	No L
		14.2 If YES, do you have to stop for breath when walking at your own pace on level ground?		Yes	No L

go to next page

Asthma

15. Have you ever had asthma?	Yes	No

If NO, GO TO QUESTION 21 (Chronic Bronchitis)

16. Was this confirmed by a	a doctor?		Yes	No
,				
17. How old were you when you had your first attack (or symptoms) of asthma?				years
18. How old were you when you had your most recent attack (or symptoms) of asthma?				years
19. Which months of the ye	ar do you usually	y have attacks of asthma?		
🖵 January	🖵 May	September		
February	🖵 June	October		
March	🗅 July	November		
🖵 April	August	December		
20. Have you had an attack of asthma in the last 12 months ?				No
If NO to <u>question 20</u>		If YES to <u>question 20</u> ↓		

	_	
	20.1 How many attacks of asthma have you had in the last 12 months ?	
	20.2 How many attacks of asthma have you had in the last 3 months ?	
	20.3. How often have you woken up because of your asthma in the last 3 months ? Choose one.	
	Almost every night	
	More that once a week	
	More than twice a month	
	Equal or less than once a month	
↓	Not at all	

	20.4. How often have you had trouble with your breathing because of your asthma in the last 3 months ?
	Continuously
	Once a day
	More than twice a week
	Equal or less than twice a week
	Once a week
*	Less than once a week

Chronic Bronchitis

21. Have yo	ou ever had chronic bronchitis?		Yes	No
If NO to this	squestion	If YES to this question		
		\checkmark		
	21.1 Was this confirmed by a	doctor?	Yes	No
\checkmark	21.2 At what age did it start?			years

Emphysema

22.	Have you ever had emphysema?	Yes	No
lf N	O to this question If YES to this question		
	22.1 Was this confirmed by a doctor?	Yes	No
	22.2 At what age did it start?		years

Go to next page

YES NO

SKIN TEST RESULTS

Antihistamines in pre		
	Maximum diameter	Perpendicular diameter
Positive control		
Mould mix		
House dust mite		
Grass mix		
Cat dander		
Negative control		

LUNG FUNCTION TEST

Contraindicated asthma medications within prescribed per	riod? □ □	YES NO
Productive cough or cold in previous three weeks?		YES NO

INSTRUCTIONS: Proceed with lung function test and attach results to page 10.

URINE SAMPLING

PROTEIN at 60 seconds BLOOD at 60 seconds		GLUCOSE at 30 seconds		
🖵 neg		neg		neg
L trace		trace		trace
□ 1+		small		1+
1 2+		moderate		2+
□ 3+		large		3+
4+				4+

NITRITES

- Negative
- Positive

Interviewer remained blinded to Gulf War status

Postal questionnaire has been checked and stapled up to the start of Section G: Health.

Gulf War Vets only

□ W.H.O. yellow vaccination booklet has been provided and photocopied

□ W.H.O. yellow vaccination booklet NOT provided.

ADDITIONAL COMMENTS

Attach lung function print out here

Attach the blood test results <u>and</u> carbon copy of pathology request form(s) here

Attach photocopy of W.H.O. yellow vaccination booklet here

PSYCHOLOGIST'S ASSESSMENTS

Attach CIDI output to this page

Interviewer code				
------------------	--	--	--	--

Not administered

PTSD MODULE 2

This module should only be administered to participants who identify more than one stressful or upsetting event from the list on the card K1.

The CIDI-based PTSD module should already have been run for the event which the participant identified as the MOST stressful or upsetting.

Question 1. You listed more than one stressful or upsetting event on Card K1, and we have already talked about the one which you identified as the most stressful or upsetting. Now I would like you to identify the next most stressful or upsetting event from the list.

Psychologist to tick the number, corresponding to the chosen event on K1, and give brief description for use during later questions.

	2	
K22B	How old were you when (EVENT) happened?	AGE: Years
K22C	When it happened, did you feel terrified?	NO P YES
K22D	When it happened, did you feel helpless?	NO P YES
	Now I would like to ask you about the time after the (EVENT) happened to you.	
K23	Did you keep <u>remembering</u> (EVENT) even <u>when you didn't want</u> <u>to</u> ?	NO YES
K24	After it, did you keep having bad dreams or nightmares about it?	NO YES
K25	Did you suddenly act or <u>feel as though (EVENT) was happening</u> again even though it wasn't?	NO YES

PSYCHOLOGISTS DATA COLLECTION

PTSD Module 2 continued					
K26	Did you get very upset when you were reminded of it?	NO YES			
K27	Did you <u>sweat</u> or did your <u>heart beat fast</u> or did you <u>tremble</u> when you were reminded of (EVENT)?	NO			
	IF K23 TO K27 ALL CODED NO, SKIP TO PTSD Module 3 on Page 17.				
K28	After (EVENT) did you have trouble sleeping?	NO YES			
K29	After it, did you feel unusually <u>irritable or lose your temper</u> a lot more than is usual for you?	NO YES			
K30	After it, did you have difficulty concentrating?	NO YES			
K31	After (EVENT) did you become <u>very much more concerned about</u> <u>danger</u> or very much more careful?	NO			
K32	After (EVENT) did you become jumpy or easily startled by ordinary noises or movements?	NO YES			
	IF K28 TO K32 ALL CODED NO, SKIP TO PTSD Module 3 on Page 17				
K33	Did you deliberately try not to think or talk about (EVENT)?	NO YES			
K34	Did you avoid places or people or activities that might have reminded you of it?	NO YES			
K35	After (EVENT) was your memory blank for all or part of (EVENT)?	NO(SKIP TO K36)			
	IF EVENT IDENTIFIED AT QUESTION ONE IS WITNESS OF AN ACCIDENT (CARD K1 ITEM 4) OR EVENT HAPPENED TO RELATIVES OR FRIENDS (CARD K1 ITEM 11), SKIP TO K36. OTHERS ASK:				
	A. Did you suffer a head injury as a result of (EVENT)?	NO YES			
	B. Were you unconscious for more than ten minutes?	NO YES			

PTSD	Module 2 continued	
K37	After (EVENT) did you <u>feel more isolated or distant from other people</u> ?	NO YES
K38	After (EVENT) did you find you had more <u>difficulty experiencing</u> <u>normal feelings</u> such as love or affection towards other people?	NO YES
K39	After (EVENT) did you begin to feel that there was no point in thinking about the future anymore?	NO YES
	IF K33 TO K39 ALL CODED NO, SKIP TO PTSD Module 3 on Page 17	
K40	How soon after (EVENT) did you start to have any of these problems? CODE SHORTEST NUMBER.	SAME DAY
	IF MORE THAN 1 YEAR, ASK: How old were you?	AGE (years)
K41	How long did you continue to have any of these problems because of (EVENT)? CODE SHORTEST TIME.	LESS THAN 1 WEEK
K42	When was the last time you had any of these problems as a result of (EVENT)?	LESS THAN 1 WEEK
	IF MORE THAN ONE YEAR, ASK:	
	How old were you?	AGE (years):

PTSD Module 2 continued

K43	Did you tell a doctor about the problems that occurred as a result of (EVENT)?	NO YES (SKIP TO 2) 🗖
	1. Did you tell any other professional?	NO YES
	2. Did you take medication, or use drugs or alcohol more than once for the problems which occurred as a result of it?	NO YES
	3. Did the problems which occurred as a result of it interfere with your life or activities a lot?	NO YES
K44	Have you ever been very upset with yourself for having the problems which occurred as a result of (EVENT)?	NO YES
K45	Have the problems which occurred as a result of (EVENT) ever kept you from going to a party, social event or meeting?	NO YES

PTSD MODULE 3

This module should only be administered to participants who identify more than TWO stressful or upsetting events from the list on the card K1.

The CIDI-based PTSD module should already have been run for the event which the participant identified as the MOST stressful or upsetting. PTSD Module 2 should have been administered for the next most stressful or upsetting event.

Question 1. You listed more than two stressful or upsetting events on Card K1, and we have already talked about the two which you identified as the most stressful or upsetting. Now I would like you to identify the next most stressful or upsetting event from the list.

Psychologist to tick the number, corresponding to the chosen event on K1, and give brief description for use during later questions.

	3 9	
K22B	How old were you when (EVENT) happened?	AGE: Years
K22C	When it happened, did you feel terrified?	NO VES
K22D	When it happened, did you feel helpless?	NO VES
	Now I would like to ask you about the time after the (EVENT) happened to you.	
K23	Did you keep <u>remembering</u> (EVENT) even <u>when you didn't want</u> <u>to</u> ?	NO
K24	After it, did you keep having bad dreams or nightmares about it?	NO YES
K25	Did you suddenly act or <u>feel as though (EVENT) was happening</u> again even though it wasn't?	NO YES

PSYCHOLOGISTS DATA COLLECTION

PTSD	Module 3 continued	
K26	Did you get very upset when you were reminded of it?	NO YES
K27	Did you <u>sweat</u> or did your <u>heart beat fast</u> or did you <u>tremble</u> when you were reminded of (EVENT)?	NO
	IF K23 TO K27 ALL CODED NO, THIS MODULE IS COMPLETE, RETURN TO THE CIDI INTERVIEW	
K28	After (EVENT) did you have trouble sleeping?	NO
K29	After it, did you feel unusually <u>irritable or lose your temper</u> a lot more than is usual for you?	NO
K30	After it, did you have difficulty concentrating?	NO
K31	After (EVENT) did you become <u>very much more concerned about</u> <u>danger</u> or very much more careful?	NO
K32	After (EVENT) did you become jumpy or easily startled by ordinary noises or movements?	NO YES
	IF K28 TO K32 ALL CODED NO, THIS MODULE IS COMPLETE, RETURN TO THE CIDI INTERVIEW	
K33	Did you deliberately try not to think or talk about (EVENT)?	NO YES
K34	Did you avoid places or people or activities that might have reminded you of it?	NO
K35	After (EVENT) was your <u>memory blank</u> for all or part of (EVENT)? IF EVENT IDENTIFIED AT QUESTION ONE IS WITNESS OF AN ACCIDENT (CARD K1 ITEM 4) OR EVENT HAPPENED TO RELATIVES OR FRIENDS (CARD K1 ITEM 11), SKIP TO K36. OTHERS ASK:	NO(SKIP TO K36)
	A. Did you suffer a head injury as a result of (EVENT)?	NO YES
	B. Were you unconscious for more than ten minutes?	NO YES
K36	After (EVENT) did you lose interest in doing things that were once important or enjoyable for you?	NO YES

PTSD Module 3 continued

K37	After (EVENT) did you <u>feel more isolated or distant from other</u> people?	NO YES
K38	After (EVENT) did you find you had more <u>difficulty experiencing</u> <u>normal feelings</u> such as love or affection towards other people?	NO YES
K39	After (EVENT) did you begin to <u>feel that there was no point in</u> thinking about the future anymore?	NO YES

IF K33 TO K39 ALL CODED NO, THIS MODULE IS COMPLETE, RETURN TO THE CIDI INTERVIEW

K40	You said that you had problems after (EVENT) like (review items coded YES in K23 to K39).	SAME DAY		
	How soon after (EVENT) did you start to have any of these problems? CODE SHORTEST NUMBER.	THAT MONTH		
	IF MORE THAN 1 YEAR, ASK: How old were you?	AGE (years)		
K41	How long did you continue to have any of these problems because of (EVENT)? CODE SHORTEST TIME.	LESS THAN 1 WEEK		
K42	When was the last time you had any of these problems as a result of (EVENT)?	LESS THAN 1 WEEK		
	IF FOR MORE THAN ONE YEAR, ASK: How old were you?	AGE (years):		

PTSD Module 3 continued

K43	Did you tell a doctor about the problems that occurred as a result of (EVENT)?	NO YES (SKIP TO 2) 🗖
	1. Did you tell any other professional?	NO YES
	2. Did you take medication, or use drugs or alcohol more than once for the problems which occurred as a result of it?	NO YES
	3. Did the problems which occurred as a result of it interfere with your life or activities a lot?	NO YES
K44	Have you ever been very upset with yourself for having the problems which occurred as a result of (EVENT)?	NO YES
K45	Have the problems which occurred as a result of (EVENT) ever kept you from going to a party, social event or meeting?	NO YES

END OF MODULE – RETURN TO CIDI INTERVIEW

EATING DISORDERS

H1	had ei	'd like to ask you about problems you might have ther with eating or with your weight. Have you ever concern about your weight, your eating, or being ?	NO YES
H2	KG) oı	you ever <u>lost a lot of weigh</u> t that is, (15 LBS/6.5 more, either by dieting or without meaning to, not ring (a baby or) an operation?	NO YES
H3	thin or	elatives or friends ever say that you were much too looked like a skeleton? Deing too thin	NO YES
H10	abnorr	you ever had a time when you would eat nally large amounts of food within a few hoursthat in binges?	NO (SKIP TO next page)□ YES□
	A.	How long would one of these binges last?	minutes
	В.	What kind of things would you eat during a typical binge?	
	RECO	RD:	
		R VOLUNTEER ONLY A MINIMAL AMOUNT OF (LIKE ONE YOGHURT OR ONE CHOCOLATE	NO YES(SKIP TO next page) 🗖
H11		you ever had a period when you went on eating at least twice a week?	NO (SKIP TO next page)
	A.	What is the longest period you have had of eating binges at least twice a week?	weeks

PSYCHOSES SCREENER

The next set of questions are about ideas or experiences people sometimes have.

G1.In the past 12 months, have you felt that your thoughts were being directly interfered with or controlled by another person?

- □ NO □ YES
 - 1a. If YES, did it come about in a way that many people would find hard to believe, for instance, through telepathy?
 - □ NO □ YES

G2.In the past 12 months, have you had a feeling that people were too interested in you?

- □ NO □ YES
 - 2a. If YES, in the past 12 months, have you had a feeling that things were arranged so as to have a special meaning for you, or even that harm might come to you?
 - □ NO □ YES

G3.Do you have any special powers that most people lack?

- □ NO □ YES
 - 3a. If YES, do you belong to a group of people who also have these powers?
 - □ NO □ YES

G4. Has a doctor ever told you that you may have schizophrenia?

□ NO □ YES

Interviewer remained blinded to Gulf War status

> If NO, please indicate in which module (eg. PTSD 2, Alcohol Use etc) Gulf War status was revealed

PSYCHOLOGIST'S NOTES.

DOCTOR'S EXAMINATION

Interviewer code						
DOCTOR'S EXAMINATION						
Section 1: PHYSICAL EXAMINATION						
Thyroid						
Size	Normal	Large				
Tenderness	🗅 No	□ Yes				
Nodules	Absent	□ Solitary □ Multiple				
Cardiovascular syste	m					
Radial pulse	🖵 Regular	Irregular				
Radial pulse rate		beats per minute				
Precordial impulse	🖵 Normal	Abnormal, describe				
Abnormal sounds	🖵 No	Yes, describe				
Murmur(s)	🖵 No	Yes, describe				
Carotid pulses	🖵 Normal	Reduced R Reduced L				
Bruit(s)	None	□ Yes, R carotid □ Yes, L carotid				
	Other,					
Pitting oedema	□ No	Yes, ankle Yes, pretibial				
Dorsalis pedis pulse	Normal	Reduced R Reduced L				
Posterior tibial pulse	□ Normal	□ Reduced R □ Reduced L				
Lower limb skin	□ Normal	□ Pallor □ Cyanosis □ Erythema □ Inflammation				
Varicose leg veins	🗅 No	🗅 Yes, R 🗖 Yes, L				
Other cardiovascular	🗅 No	□ Yes				
abnormalities	If YES, desc	cribe				

Respiratory System

Pharyngitis	🗅 No	Yes	;		
Tonsils	Normal	🗆 Enla	arged	Inflamed	Absent
Respiratory rate	bre	eaths p	oer minu	te	
Tracheal position	Normal		🖵 Devi	ated to R	Deviated to L
Chest excursion	Symmetric	al	🗅 Decr	eased R	Decreased L
Chest shape	Normal		🗅 Defo	rmity, specify	/
Chest expansion	Normal		🗅 Fair		Department Poor
Percussion	Normal		🗅 Нуре	erresonant	Dullness Zones
	D Other, des	cribe			
Crepitations	□ No		🗅 Yes		
Wheezes	🖵 No		🗅 Yes		
Other respiratory	□ No		🗅 Yes		
abnormalities	If YES, descr	ibe			

Skin and Nails

Inflammatory skin condition (dermatitis and eczema)	 No If YES, is the Hand/s Other, des 	□ Elbow/s	□ Forearm/s □	Head or neck	□ Knee/s
Psoriasis	 No If YES, is the Hand/s Other, des 	□ Yes site(s) □ Elbow/s	🗆 Back 🗖 Kne	ee/s □ Scalp	
Finger nails Toe nails	Normal Normal	PittingPitting	Paronychia Paronychia		

DOCTOR'S EXAMINATION

Skin lesion(s)	🗅 No	Yes					
suggestive of skin	If YES, is the skin lesion(s) suggestive of: (specify site and describe)						
cancer(s)	🗅 Squamou	s cell carcino	oma,				
	Basal cell carcinoma,						
	D Other, de	scribe					
Solar keratoses	🗅 No	⊒Yes					
	If YES, reco	ord site and a	pproximate n	umber			
	Hand/s	□ 1-2	u 3-5	□ >5			
	Forearm/s	□ 1-2	u 3-5	□ >5			
	Head/neck	□ 1-2	□ 3-5	□ >5			
	Other	□ 1-2	⊒ 3-5	□ >5			
	If other, des	cribe site					
Acne	🗅 No	Yes					
	If YES, is th	e site(s)	Face	Back	Other		
	If other, plea	If other, please specify					
Skin Infections	🗅 No	🗅 Tinea	🖵 Boils	Other,			
Tattoos (ask)	🗅 No	Yes					
Other skin/nail	□ No □ Yes, describe						
abnormalities							

Gastrointestinal System

Oral hygiene	🖵 Good	🗅 Fair	Dev Poor
Gingivitis	🗅 No	Yes	
Mouth Ulcers	🗅 No	Yes	
Oral plaques	🗅 No	Yes	
Glossitis	🗅 No	Yes	
Hepatomegaly	🗅 No	Yes	
Splenomegaly	🗅 No	Yes	
Kidney enlargement	🗅 No	🗅 Yes, R	🖵 Yes, L
Abdominal mass	🗅 No	Yes	

Hernias	None	R Inguinal	🗅 L Inguinal	DOCTOR'S EXAMINATION
	Other, de	escribe		
Other	🗅 No	Yes, descr	ibe	
gastrointestinal abnormalities				
Lymph Nodes				
Epitrochlear	Normal	Enlarged	Tender	
Cervical	Normal	Enlarged	Tender	
Supraclavicular	Normal	Enlarged	Tender	
Axillary	Normal	Enlarged	Tender	
Inguinal	Normal	Enlarged	Tender	
Other abnormality	🗅 No	Yes, descr	ibe	

Musculoskeletal system

Amputations	🗅 No	□ Yes, describe	
Spinal abnormality	🗅 No	□ Yes, describe	
Joints			
R-shoulder	Normal	Decreased ROM	Swelling
L-shoulder	Normal	Decreased ROM	Swelling
R-elbow	Normal	Decreased ROM	Swelling
L-elbow	Normal	Decreased ROM	Swelling
R-wrist	Normal	Decreased ROM	Swelling
L-wrist	Normal	Decreased ROM	Swelling
R-thumb	Normal	Decreased ROM	Swelling
L-thumb	Normal	Decreased ROM	Swelling
R-fingers	Normal	Decreased ROM	Swelling
L-fingers	Normal	Decreased ROM	Swelling
R-hip	Normal	Decreased ROM	
L-hip	Normal	Decreased ROM	
R-knee	Normal	Decreased ROM	Swelling
L-knee	Normal	Decreased ROM	Swelling
R-ankle	Normal	Decreased ROM	Swelling
L-ankle	Normal	Decreased ROM	Swelling

Straight leg raising	RT	Normal	Limited by back pain	Limited by thigh/leg pain						
		Limited	by muscle stiffness							
	LT	🗅 Normal	Limited by back pain	Limited by thigh/leg pain						
		Limited	Limited by muscle stiffness							
Muscular or tendon abnormality	□ No		/es, describe							
Other musculoskeletal abnormalities	□ No		/es, describe							

Neurological System Cranial Nerves Sense of smell (ask) Abnormal Ptosis RT **D** Absent Present LT D Absent □ Present Visual Fields □ Abnormal Normal If ABNORMAL, indicate quadrants involved: RT LT □ Superior Nasal □ Superior Nasal Inferior Nasal Inferior Nasal □ Superior Temporal □ Superior Temporal □ Inferior Temporal □ Inferior Temporal Neglect 🖵 No L neglect R neglect Diplopia 🗆 No □ Yes, indicate at which point diplopia is maximal RT LT At the point of maximal diplopia, when does the outer image disappear? R eye covered L eye covered □ Same Different Pupil size If DIFFERENT, which pupil is bigger $\Box R$

Direct pupil reaction	RT	Normal	❑ Sluggish	None	DOCTOR'S EXAMINATION
Direct pupil reaction	LT	Normal	□ Sluggish	□ None	
Concensuel pupil					
Consensual pupil	RT	Normal	□ Sluggish	□ None	
reaction	LT	Normal	Sluggish	None	
Eyes					
Cataract	🗅 No	□ Ye	s, R 🗳 Yes	s. L	
Pterygium	□ No		s, R 🛛 Yes		
Conjunctivitis	□ No		s, R 🖵 Yes		
				, L	
Optic discs	RT	Normal	Atrophy	🗅 Papilloedema	□ Other
	LT	Normal	Atrophy	🗅 Papilloedema	❑ Other
Facial Sensation	RT	Normal	Reduced		
	LT	Normal	Reduced		
	If redu	uced, is the si	te 🛛 forehe	ad 🗅 malar 🛛	🗅 mandibular
Corneal reflex	RT	Present	Absent		
	LT	Present	Absent		
Eye lid closure	RT	Normal	🖵 Weak	Absent	
	LT	Normal	🖵 Weak	Absent	
Smile	RT	Normal	🖵 Weak	Absent	
	LT	Normal	🖵 Weak	Absent	
Sternomastoid	RT	Normal	🖵 Weak	Absent	
power	LT	Normal	Weak	Absent	
Trapezius power	RT	Normal	🖵 Weak	Absent	
	LT	Normal	Weak	Absent	
Tongue	RT	Normal	Weak		
	LT	Normal	Weak		

Handedness (ask) Muscle wasting		•									DOC	for's	EXAMINATIO	ИС
indeolo haoling			s wa		ge	enerali calised		□ No □			ecify			
Muscle		lo		ΩY	es									
fasciculations	lf Y	ES, a	are fa	ascic	ulatio	-		alised (ed (pecif	у	
Muscle tremor		⊑ ES, i		mor p		s ent at r		□ Ye						
Muscle tone														
Upper limb	RT LT		Norr Norr	nal nal		ncrea Increa		□ De □ De						
Lower limb	RT LT		Norr Norr			ncrea Increa		□ De □ De						
Muscle power	Scale5 = Normal4 = Movement with gravity but less than full power3 = Movement with gravity2 = Movement without gravity1 = Visible contraction0 = No movementPlease tick the appropriate rating score (5 - 0) for each muscle group									,				
				RT						Ľ				
	5	4	3	2	1	0		5	4	3 □	2 □	1	0	
Shoulder abduction														
Elbow flexion Elbow extension														
Brachioradialis														
Wrist flexion														
Wrist extension														
Finger flexion														
Finger extension														
Finger abduction														
Thumb abduction														

			R	т						LT		TOR'S	S EXAMINATION
	5	4	3	2	1	0		5	4	3	2	1	0
Hip flexion													
Hip extension													
Knee flexion													
Knee extension													
Ankle dorsiflexion													
Ankle plantarflexion													
Ankle inversion													
Ankle eversion													
Toe flexion													
Toe extension													
Reflexes													
Biceps	RT) Nor	mal		Red	uced	🗅 Ab	sent		Incre	ased	
	LT) Nor	mal		Red	uced	🗅 Ab	sent		Incre	ased	
		_			_					_			
Triceps	RT		Nor				uced	□ Ab			Increa		
	LT	L_) Nor	mai		Red	uced	□ Ab	sent		Incre	ased	
Brachioradialis	RT) Nor	mal		Red	uced	🗆 Ab	sent		Incre	ased	
	LT) Nor	mal		Red	uced	🗅 Ab	sent		Incre	ased	
		_			_								
Quadriceps	RT) Nor				uced	□ Ab			Increa		
	LT) Nor	mal		Red	uced	□ Ab	sent		Increa	ased	
Ankle	RT) Nor	mal		Red	uced	🗅 Ab	sent		Incre	ased	
	LT) Nor	mal		Red	uced	🗅 Ab	sent		Incre	ased	
		_	_										
Plantars	RT		Dov	•	-					Equiv			
	LT	[<u> </u>) Dov	vngo	ing		🗅 Upę	going		Equiv	ocal		
Coordination													
Finger-Nose Test	RT		Nor					normal					
	LT		Nor					normal					
Heel-Shin Test	RT) Nor					normal					
	LT		Nor	mal			🗅 Abr	normal					

Vibration sense

Vibration Sense					
Tip of index finger	RT	Normal	Decreased		
	LT	Normal	Decreased		
Tip of big toe	RT	Normal	Decreased		
	LT	Normal	Decreased		
	If NO	RMAL, proce	ed to test position	sense	
	If DE	CREASED, te	est and record pro	ximally for res	pective limb(s)
Distal radius	RT	Normal	Decreased		
	LT	Normal	Decreased		
Olecranon process	RT	Normal	Decreased		
	LT	Normal	Decreased		
Medial malleolus	RT	Normal	Decreased		
	LT	Normal	Decreased		
Patella	RT	Normal	Decreased		
	LT	Normal	Decreased		
Ant. sup. iliac spine	RT	Normal	Decreased		
	LT	Normal	Decreased		
Position sense					
Index finger	RT	Normal	Decreased		
	LT	Normal	Decreased		
Big toe	RT	Normal	Decreased		
	LT	Normal	Decreased		
Sensation (pinprick)					
Thumb	RT	Normal	Decreased	Absent	Hyperpathic
(C6 dermatome)	LT	Normal	Decreased	Absent	Hyperpathic
Little finger (C8 dermatome)	RT	Normal	Decreased	Absent	Hyperpathic
	LT	Normal	Decreased	Absent	Hyperpathic
Nipple level	RT	Normal	Decreased	Absent	Hyperpathic
(T6 dermatome)	LT	□ Normal	□ Decreased	□ Absent	 Hyperpathic Hyperpathic
Umbilicus level	RT	🗅 Normal	Decreased	Absent	Hyperpathic
(T10 dermatome)	LT	□ Normal		□ Absent	 Hyperpathic Hyperpathic

Big toe (L5 dermatome)	RT LT	Normal Normal	Decreased Decreased	Absent Absent	 Hyperpathic Hyperpathic
Little toe (S1 dermatome)	RT LT	Normal Normal	 Decreased Decreased 	Absent Absent	 Hyperpathic Hyperpathic
Gait					
Romberg's test	🗆 Neg	gative	Positive		
Tandem gait	🗅 Nor	mal	Abnormal		
Walk on heels	🗅 Nor	mal	Abnormal		
Walk on toes	🗅 Nor	mal	Abnormal		
Arise from squat,	🗅 Yes	6	🗅 No		
no use of arms					
Other neurological abnormalities	□ No		s, describe		

General comments:

Section 2: SYMPTOMS OF TIREDNESS OR FATIGUE

INSTRUCTIONS: Read the questions to the participant. Please tick the most appropriate response, or record month and year where appropriate. If the person cannot remember the month, please record "99" for month and record the year. If the participant asks for clarification of the term "extreme tiredness or fatigue" in responding to the initial questions, this could be clarified as "significantly more than usually experienced in everyday life". "Months in total" means the aggregate total number of months the extreme tiredness or fatigue was experienced.

1.	In the past 12 months, have you experienced extreme tiredness or fatigue following your normal activities?	□ NO	L YES				
lf N	IO, go to Section 3						
2.	In the past 12 months, have you felt extremely tired or fatigued following your normal activities every day, or almost every day, for <u>one month or longer</u> ?	□ NO	TES				
lf N	IO, go to Section 3						
3.	When did this feeling of being extremely tired or fatigued <u>first</u> begin? (Record month and year)	_/					
4.	When did you last experience this feeling of being extremely tired or fatigued? (Record the month and year. If still present, record the current month and year. *NOTE –If this date is not in the last 12 months, please check the person's previous responses. If confirmed as not experienced in last 12 months, go to Section 3 – otherwise continue with Q5.)	;					
5.			Present uously Q6)				
6.		and re (go to C	Relapsed ocurred Q7) Constant Fluctuated				
7.	How many months in total have you experienced this extreme tiredness or fatigue?		months				
8.	What was the longest period of time you experienced it for?		months				
9.	When did this longest period of time begin? (Record month and year)						
10.	DOCTOR TO RECORD ON BASIS OF ABOVE RESPONSES:	/ L					
	Has this person had a period(s) of extreme tiredness or fatigue that has been persistent, relapsing or recurring for at least 6 months or more since it first began? NO YES						

If NO, go to Section 3

If YES, continue with Question 11

INSTRUCTIONS: Please ask the following questions in the present tense if the person is still experiencing extreme tiredness or fatigue, or in the past tense if they are not (see response to Q4). For Questions 13 to 18, please tick the most appropriate category according to the person's response. If the person is unsure about how to respond, the response categories may be read out to them as a prompt.

NOTE: Ask those who have experienced a relapsing and recurring course to consider the aggregate periods of tiredness or fatigue as a whole when answering Questions 11-19.

11. Have you seen a medical doctor about this extreme tiredness or fatigue?	🖵 NO 🖵 YES
If YES, what was the month and year first seen? (Record month and year)	
Did the doctor find a cause? If YES, please specify cause if known	INO IYES

- 12. Does (did) this extreme tiredness or fatigue <u>interfere with your normal activities</u>? For example, has it interfered with your personal, social, family, work or study activities?
- 13. What percentage of your normal personal, social, family, work or study activities are you (were you) <u>able to do</u> during these period(s) of extreme tiredness or fatigue?

<10%	50 - <75%
10 - <25%	75 – 99%
25 - <50%	100%

14. Do you (did you) feel extremely tired or fatigued for hours or days following	
activities that previously would have been easy for you?	🖵 NO 🖵 YES

15. If you rest, sleep or relax what happens to this feeling of extreme tiredness or fatigue?

Recover completely or almost completely	Worse
Some recovery	Don't Know

- No recovery
- 16. Does this (did this) extreme tiredness or fatigue happen after physical tasks or mental tasks or both?
 - Physical tasks Both physical and mental tasks
 - Mental tasks
 Don't Know
- 17. If you could think back to when this extreme tiredness or fatigue first started, over what period of time did it come on?

Hours	Months
-------	--------

- 🖵 Days 🔹 Don't Know
- U Weeks

18. Can you remember any particular illness, injury or event which happened in the	
days or weeks before this extreme tiredness or fatigue first started?	[

□ NO □ YES

If YES, was it:	
A cold or flu-like illness	Other infection, specify
Glandular fever	An accident or injury, specify
Don't know	An emotional/stressful event, specify
□ Other, please specify	

19. **INSTRUCTIONS** The following questions relate to symptoms that the person may have experienced <u>DURING the period(s) of extreme tiredness or fatigue</u>. Ask those who have experienced a relapsing and recurring course to consider the aggregate periods of tiredness or fatigue as a whole when responding. Ask about one symptom (a - h) at a time, and record the responses in the table.

For symptoms a - h, ask the person if at any time <u>during the period(s) of tiredness or fatigue</u>:

- they experienced the symptom, and if YES ask
- was the symptom mild, moderate or severe
- when did it start (record month and year), and
- how long it was present for (i.e. the total duration of time it was present for. For a relapsing or recurring course, record the aggregate total number of months).

When you have completed questions for symptoms a – h, for symptoms that were present for at least 6 months in total duration, ask whether they were present <u>at the same time</u>, i.e. concurrently, for at least 6 <u>consecutive</u> months? You will need to name the specific symptoms you are asking about. If necessary, ask the person to consider the presence of symptoms over the period of most severe tiredness or fatigue. Tick the far column for symptoms that were present <u>at the same time</u> for at least 6 <u>consecutive</u> months.

e.g. If headache, sore throat, joint pains and poor memory were all present for at least 6 months, ask "Were any of your symptoms of headache, sore throat, joint pains and poor memory present <u>at the same time</u> for at least 6 <u>consecutive</u> months?" If all were, tick the far column for all four symptoms.

	SYMPTOM	Don't Know	NO	Mild N	YES	0	STARTED	TOTAL DUR'N	Present at same time for at least 6 consecutive months
а.	Persisting sore throat			-	/loderate	_	Month/Year	months	
а.	T craisting sole throat						/		
b.	Swollen or painful glands in neck or armpit						/		
C.	Muscular aches and pains						/		
d.	Joint aches or pains in several joints						/		
e.	Poor memory or concentration						/		
f.	Headaches that were different to any you experienced before the start of this "tiredness"						/		
g.	Generally sick, unwell or "off color" <u>for more than 24 hours</u> after exerting yourself						/		
h.	Waking up feeling unrefreshed after your usual amount of sleep						/		

Section 3: REVIEW OF REPORTED MEDICAL CONDITIONS

INSTRUCTIONS: Please review the Medical Conditions section of the **postal questionnaire (G21 and G22)**, and check that this section has been fully completed. If it hasn't been fully completed, please ask the participant to do so now.

Ask further questions about <u>each</u> "YES" response for the medical problems or conditions to determine whether it was diagnosed or treated by a medical doctor; and if it was, what was the likelihood of the diagnosis. Record one of the following codes in the "office use only" column on the right hand side of the table(s). You should only need to ask a maximum of 3 - 4 questions for each medical problem or condition. You should not be taking a full history. If, after 3 - 4 questions, you are still not sure record a "3".

Record reported medical conditions as:

1 = Non-medical diagnosis

Condition was not diagnosed or treated by a medical doctor.

2 = Unlikely diagnosis

Condition was mentioned by a doctor, perhaps as a possible diagnosis, but:

- person's history of the condition is not consistent with the diagnosis, and/or
- diagnosis was not confirmed by investigation and treatment was not required.

3 = Possible diagnosis

Condition was mentioned or discussed by a doctor, person may have had investigations and some treatment, but this was not consistent with the level of intervention that one would expect from conventional medical practice for a person with this condition.

4 = Probable diagnosis

Condition was diagnosed by a doctor, perhaps with specialist referral, and investigated and treated medically or surgically in a manner consistent with conventional medical practice for a person with this condition.

Section 4: GENERAL HEALTH QUESTIONS and ADDITIONAL FINDINGS

INSTRUCTIONS: Ask an open question about the person's general health and any other health concerns he or she wants to raise. Ask more specific questions if you think it is necessary, particularly for significant concerns that may require urgent follow-up. Record your significant concerns and additional findings in the spaces below for reference in preparing your report.

IMPORTANT: If a problem is mentioned here, or in the Medical Conditions section of the postal questionnaire, that you have not been aware of and needs <u>further</u> physical examination, proceed with this re-examination. Record these additional examination findings in the space provided (for consideration in your medical report and by the researchers) but <u>DO NOT</u> alter your previously recorded physical examination findings.

"Is there anything else about your health that you would like to raise that we haven't discussed so far?"

4		
1.		
2.		
-		
3.		
0.		
4.		
Τ.		

Notes on significant concerns where a review of the relevant system was thought necessary

ADDITIONAL PHYSICAL EXAMINATION FINDINGS

Have any conditions come to your attention through the open questions, or review of medical conditions or relevant systems, that required you to carry out a further physical examination?

If YES, please list any additional physical findings here:

1.	
_	
5.	

Section 5: QUEEN'S COLLEGE STEP TEST

Is this person fit to perform a brief fitness test? (see table below)

□ NO, please specify reason _

Fitness criteria for the Step Test.

Precautions: Testing facilities must have appropriate resuscitation equipment and tests supervised by operators trained in CPR. Candidates should be carefully screened for any contraindications.

Absolute Contraindications	Relative Contraindications
 Ischaemic Heart Disease Unstable angina Aortic Stenosis Uncontrolled hypertension Uncontrolled asthma Epilepsy Respiratory failure 	 Participant older than 50 Currently pregnant, or childbirth in previous three months Surgery in previous three months Systolic blood pressure greater than 150 Diastolic blood pressure greater than 95 History of heart disease Treating physician's advice not to exercise Musculoskeletal problem likely to be aggravated by the exercise Any other reason given by the participant for not doing the test

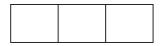
Procedure (see Procedure Manual for full details)

INSTRUCTIONS: Set the metronome to <u>96 BPM for men</u> and <u>88 BPM for women</u>. After stepping for 3 minutes, read the pulse monitor within 5 seconds of stopping and again 15 seconds later. Please record both readings.

If the participant feels any discomfort, or if the person can not keep up with the metronome (after encouragement), the test should be stopped. The duration of the test, the reason for stopping, and both pulse rate readings should be recorded.



Pulse rate per minute within 5 seconds of stopping test.



Pulse rate per minute 15 seconds after the first reading.

	d the person stop before YES, specify:	e three minutes		D NO	
•	duration of test	minutes	seconds		
•	reason for stopping	fatigue short of breath	□ pain, s □ other, s	pecify site_ specify	

Note: The average of the two pulses is used as an indication of the participant's fitness rating (see Procedure Manual for categories)

Interviewer remained blinded to the Gulf War status

YES NO, please indicate in which section Gulf War status was revealed.

Section _____

Has the participant nominated a medical practitioner to whom medical assessment results can be sent, <u>and</u> signed the consent for release?

(see last page of postal questionnaire)

If the participant nominated a medical practitioner, but did not sign the consent for a copy to be sent to their nominated medical practitioner, please ask them to do so now. The participant may not wish to nominate a medical practitioner, and is not required to do so. However, please take this opportunity for explaining the reasons for nominating a medical practitioner, e.g. The report will provide useful information to their medical practitioner; any abnormalities can be considered in the context of a more complete picture of their health and by someone who is in a better position to arrange appropriate follow-up if necessary. If they do not wish to nominate a medical practitioner, they should not feel pressured to do so.

Provide immediate verbal feedback on urgent or serious conditions and complete the "URGENT" feedback letter for the participant to take with them to their medical practitioner.

Consider your examination findings and abnormal results of the blood pressure, urinalysis and spirometry tests undertaken by the nurse in providing urgent feedback on urgent or serious conditions to the participant if required. (Guidelines for feedback of spirometry results are included in the Procedure Manual). Complete the "URGENT" letter. Make a photocopy of this letter and attach it to the Data Collection Booklet on page 42. Give the letter to the participant to take with them.

Please use this sheet for any additional notes you may wish to make.

Attach photocopies of all medical letters here

6. IMVS reference intervals and testing methodology



The specimens were collected according to specified protocols in the Collection Centres throughout Australia.

The clinical chemistry samples were centrifuged within 4 hours of collection by specified laboratories in each area. The centrifuged clinical chemistry specimens and other specimens (not T cell subsets) were sent in eskies with an ice block by overnight courier transport. The T cell subsets were transported at ambient temperatures. The specimens were delivered to the central IMVS laboratory, Frome Road, Adelaide, South Australia between 0830 – 1000h the following morning.

The current IMVS reference intervals that were used for comparative purposes in the study are detailed in Table 6.1 to Table 6.5.

Parameter	Reference	e Interval	Method
	Male	Female	
Haemoglobin	135-175 g/L	115-155 g/L	
Packed Cell Volume	0.40-0.50 L/L	0.35-0.45 L/L	
Red Cell Count	4.50-6.00 x 10 ¹² /L	3.80-5.20 x 10 ¹² /L	
Mean Corpuscular Volume	80.0-9	98.0 fL	
Mean Corpuscular Haemoglobin	27.0-3	63.0 pg	Hb and RBC parameters, Platelets, WBC and
Mean Corpuscular Haemoglobin Concentration			
Red cell distribution width	11.5-1	15.5%	the Sysmex XE 2100 analysers. These two
White Cell Count	4.0-11.0	0 x 10 ⁹ /L	analysers have been fully
Neutrophils	1.80-7.5	0 x 10 ⁹ /L	evaluated one against the other.
Lymphocytes	1.00-3.50	0 x 10 ⁹ /L	
Monocytes	0.20-0.80	0 x 10 ⁹ / L	
Eosinophils	0.02-0.50	0 x 10 ⁹ /L	
Basophils	0.00-0.1	0 x 10 ⁹ /L	
Platelets	Platelets 150-400 x 10 ⁹ /L		
Erythrocyte Sedimentation Rate	1-10 mm 1-12 mm		Starrsed automated analyser
	> 50) yrs	
	1-15 mm	1-20 mm	

Table 6.1 Haematology	investigations	undertaken	within	the	study,	IMVS	reference
intervals (adults) and test	ing methods						

The assays were controlled by internal quality controls and external quality controls as organised by the RCPA Haematology program.

Routine biochemical analysis (including liver function tests) was performed on Technicon Dax 48 analysers. The assays were controlled by the use of internal quality controls and the External Quality Assurance Program as organised by RCPA/AACB. The laboratory has The National Association of Testing Authorities, Australia (NATA) and AS/NZS ISO9002 accreditation. The reference intervals and the methods used for each analyte are described in Table 6.2 and Table 6.3.

Analyte	Reference Interval	Method
Sodium	137-145 mmol\L	Ion specific electrode
Serum Potassium	3.5-4.9 mmol/L	Ion specific electrode
Chloride	100-109 mmol/L	Ferric perchlorate method
Bicarbonate	22-32 mmol/L	Enzymatic method
Anion Gap	7-17 mmol/L	Calculated entity on the computer utilising (Sodium + potassium) – (Chloride + bicarbonate)
Urea	2.7-8.0 mmol/L	Enzymatic method
Creatinine	0.05-0.12 mmol/L	Jaffe reaction
Ionised Calcium	1.10-1.25 mmol/L	Calculated entity on the computer utilising albumin, globulin and Na, K, Cl, bicarbonate
Phosphate	0.65-1.45 mmol/L	Molybdate method
Random blood glucose	*	Hexokinase method
C-Reactive Protein	<4-10 mg/L	Beckman Immage nephelometric method

Table 6.2 Biochemical investigations undertaken within the study, IMVS reference intervals (adults) and testing method

* IMVS does not report a reference interval for a random blood glucose. To compare study groups, the criteria used and the interpretation of these are those recently recommended by the NHMRC (<u>http://www.health.gov.au/nhmrc/advice/pdf/type2.pdf</u>)

Liver function tests	Reference interval	Method
Albumin	34-48 g/L	Bromocresol purple method
Globulin	26-41 g/L Calculated by difference of albumin from total protein	
Protein	65-85 g/L	Biuret method
Total Bilirubin	6-24 µmol/L	Diazo method
Gamma-Glutamyl-Transferase (GGT)	0–60 U/L	IFCC recommended method
Alkaline Phosphatase (ALP)	30-110 U/L	IFCC recommended method
Alanine Aminotransferase (ALT)	0–55 U/L	IFCC recommended method

Table 6.3 Liver function tests undertaken within the study, IMVS reference intervals (adults) and testing methods

Liver function tests	Reference interval	Method	
Aspartate Aminotransferase (AST)	0–45 U/L	IFCC recommended method	
Lactate Dehydrogenase (LD)	110-230 U/L	Lactate to pyruvate method	

The reference intervals and testing methods for the virology and immunological parameters investigated in the study are described in Table 6.4 and Table 6.5.

Table 6.4 Virology tests undertaken within the study, IMVS reference intervals (adults) and testing methods

Parameter	Reference interval	Method
EBV IgG antibody	Not detected, $\Delta_{\text{sample}} < 0.100$	Dade Behring Enzygnost
	Detected, $\Delta_{\text{sample}} > 0.200$	
	Equivocal, 0.100 - 0.200	
CMV IgG antibody	Detected, >15 antibody units/ml (AU/ml)	Abbott AxSym analyser
	Not detected, <10 AU/ml	
	Equivocal, 10-15 AU/ml	
Hepatitis C antibody	Negative, S/CO < 1.00	Abbott AxSym HCV version 3.0 MEIA
	Positive, S/CO >= 1.00	
	Indeterminate, S/CO 0.80-0.99	

	Referen	Reference intervals		
Parameter	Percentage of lymphocytes (%)	Cell count (x 10 ⁹ /L)		
T cell markers				
CD3	44-90 %	0.66-3.22 x 10 ⁹ /L		
CD4+CD3+	27-63 %	0.41-2.21 x 10 ⁹ /L		
CD8+CD3+	11-38 %	0.17-1.33 x 10 ⁹ /L	Flow cytometry on the Coulter. Whole blood	
CD4/CD8 ratio	ratio 0.72-3.6		lysis Q prep method	
B cell markers			using Coulter reagents	
CD19	2-15 %	0.30-0.53 x 10 ⁹ /L		
Natural Killer Cell markers				
CD16+CD3-	not reported	not reported		
CD56+CD3-	not reported	not reported.		
CD16+/CD56+CD3-	1-13 %	0.15-0.46 x 10 ⁹ /L		

Table 6.5 Immunology tests (lymphocyte subpopulations) undertaken within the study,IMVS reference intervals (adults) and testing methods

7. Ethics Committees' Approvals



DEFENCE PERSONNEL EXECUTIVE

DEFENCE HEALTH SERVICE BRANCH

CP2-7-66 Department of Defence CANBERRA ACT 2600

PE 2000/6464/1 ADMEC 208/00 DHSB (고구 /2000

Dr M Sim

Department of Epidemiology and Preventive Medicine Monash Public Health Monash Medical School Alfred Hospital Prahran, Victoria 3181

Dear Dr Sim

AUSTRALIAN DEFENCE MEDICAL ETHICS COMMITTEE (ADMEC) PROTOCOL 208/00: GULF WAR VETERANS HEALTH STUDY

1. Thank you for providing the requested amendments to your protocol. ADMEC has now cleared your project to proceed. Please note that ethical clearance from ADMEC does not automatically confer access to ADF personnel; this will have to be sought from the relevant military commanders.

2. Your protocol has been allocated ADMEC Protocol Number 208/00, and this number should be quoted in all correspondence. Six-monthly progress reports are required, the first being due on 20 July 2001. ADMEC's compliance with the NHMRC National Statement on Ethical Conduct in Research Involving Humans requires that your progress reports include, where applicable, comment on: the security of your records; compliance with the approved consent procedures and documentation, and compliance with any other special conditions that ADMEC may have required.

3. For completeness, would you please sign the enclosed researcher's agreement and return it to me at your convenience. I have also enclosed ADMEC's Guidelines for Volunteers, a copy of which is to be given to each study participant.

4. The Committee wishes you well with your research. Please contact me if I can be of any assistance.

Yours sincerely,

40

Jacos M. BLENKIN

M. BLENKIN Lieutenant Commander Executive Secretary Australian Defence Medical Ethics Committee

Tel (02) 62663818 Fax (02) 62664982



NATIONAL OFFICE

A/Professor Malcolm Sim Principal Investigator Gulf War Veterans' Health Study Monash Medical School Alfred Hospital Prahran Victoria 3181

Dear Professor Sim

Gulf War Veterans' Health Study

Thankyou for submitting further information addressing privacy issues raised by the DVAHRE Committee. The Committee agreed in February 2000 that the revised study protocol should be resubmitted to the Committee coordinator for final consideration by the Chairman.

The Chairman has considered the revised protocol and the privacy issues addressed in your letter to the Committee coordinator, dated 20 December 2000. He endorses the continuation of the project.

Please note that the Committee should be advised immediately in writing if the protocol changes from that approved, and before the study progresses under the amended protocol. This is part of the Committee's monitoring role.

Additionally, it is a requirement that researchers provide the Committee with progress reports or a final report for shorter-term projects. The Committee looks forward to receiving your progress/final report in due course.

Please do not hesitate to contact me with any further questions on (02) 6289 6280.

Georgina Dudzinski DVA Human Research Ethics Committee Coordinator 10 January 2001

cc: Dr Keith Horsley, Medical Services Adviscr, Compensation and Support, DVA

13 KELTIE STREET PHILLIP ACT 2606

PO BOX 21 WODEN ACT 2606 TELEPHONE (02) 6289 1111 INTERNET http://www.dva.gov.au

Their Service – Our Heritage

8 May 2000



RESEARCH GRANTS AND ETHICS BRANCH

Assoc. Professor Malcolm Sim Epidemiology and Preventive Medicine Monash University Medical School Alfred Campus

Project 2000/140 - Gulf war veterans health study

Thank you for the information provided in relation to the above project. The items requiring attention have been resolved to the satisfaction of the Committee. The project has now been approved as conforming to the NHMRC guidelines.

The project is approved as submitted for a three year period and this approval is only valid whilst you hold a position at Monash University. You should notify the Committee immediately of any adverse effects on participants or unforeseen events and seek approval for any proposed changes. Should you wish to adapt this project to other circumstances, you can apply for an extension or variation to the original protocol. However, substantial variations may require a new application. Please quote the project number above in any further correspondence and include it in the complaints clause:

Should you have any complaint concerning the manner in which this research (project number.....) is conducted, please do not hesitate to contact The Standing Committee on Ethics in Research Involving Humans at the following address:

> The Secretary The Standing Committee on Ethics in Research Involving Humans PO Box No 3A Monash University Victoria 3800 Telephone (03) 9905 2052 Fax (03) 9905 1420 Email: SCERH@adm.monash.edu.au

Human Research Ethics Committees are required by the NHMRC to monitor research projects until completion to ensure that they continue to conform with approved ethics standards. Continued approval of this project is dependent on the submission of annual progress reports and a termination report. Please ensure that the Committee is provided with an annual report and a brief summary of the outcomes of your project when it has concluded. The report form is available at http://www.monash.edu.au/resgrant/h a ethics/human ethics.

The Chief Investigators of approved projects are responsible for the storage and retention of original data pertaining to a project for a minimum period of five years. You are requested to comply with this requirement.

Ann Michael Human Ethics Officer Standing Committee on Ethics in Research Involving Humans





Date of Meeting: 21 August 2001

The Chairperson Australian Institute of Health and Welfare

Title of Activity: AUSTRALIAN GULF WAR VETERAN'S HEALTH STUDY

Submitted by: Mr John Harding Ethics Committee Register Number: EC 280

The Ethics Committee is of the opinion that this activity as described in the written submission held in the Committee's records (01/471) at this date is acceptable on ethical grounds subject to:

- The codes for accessing a particular participant's files being kept by the Secretary of the DVA Ethics Committee.
- A meeting being held to further discuss the issue of storage of cancer data where approval has not been granted. The result is to be reported to the Ethics Committee.

The Committee needs to be informed of any changes contemplated or made in the conduct of this activity and of any adverse effects or unexpected ethical issues which arise so that the Committee can fulfil its function of informing the Institute of continuing acceptability on ethical grounds.

The AIHW requests that assistance provided be recognised in all publications and reports resulting from this submission.

RK Todd

Signed

(Mr Robert Todd) Chairman Australian Institute of Health and Welfare Ethics Committee

17 September 2001

cc John Harding

For kealth and wolfsre statistics and information

6A Trooger Court Fern Hill Park Bruco ACT GPO Box 570 Canberro ACT 2601

Phone 02 6244 1000 Fox 02 6244 1299 http://www.aihw.gov.du

30/10 '01 TUE 15:21 [TX/RX NO 6189]

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